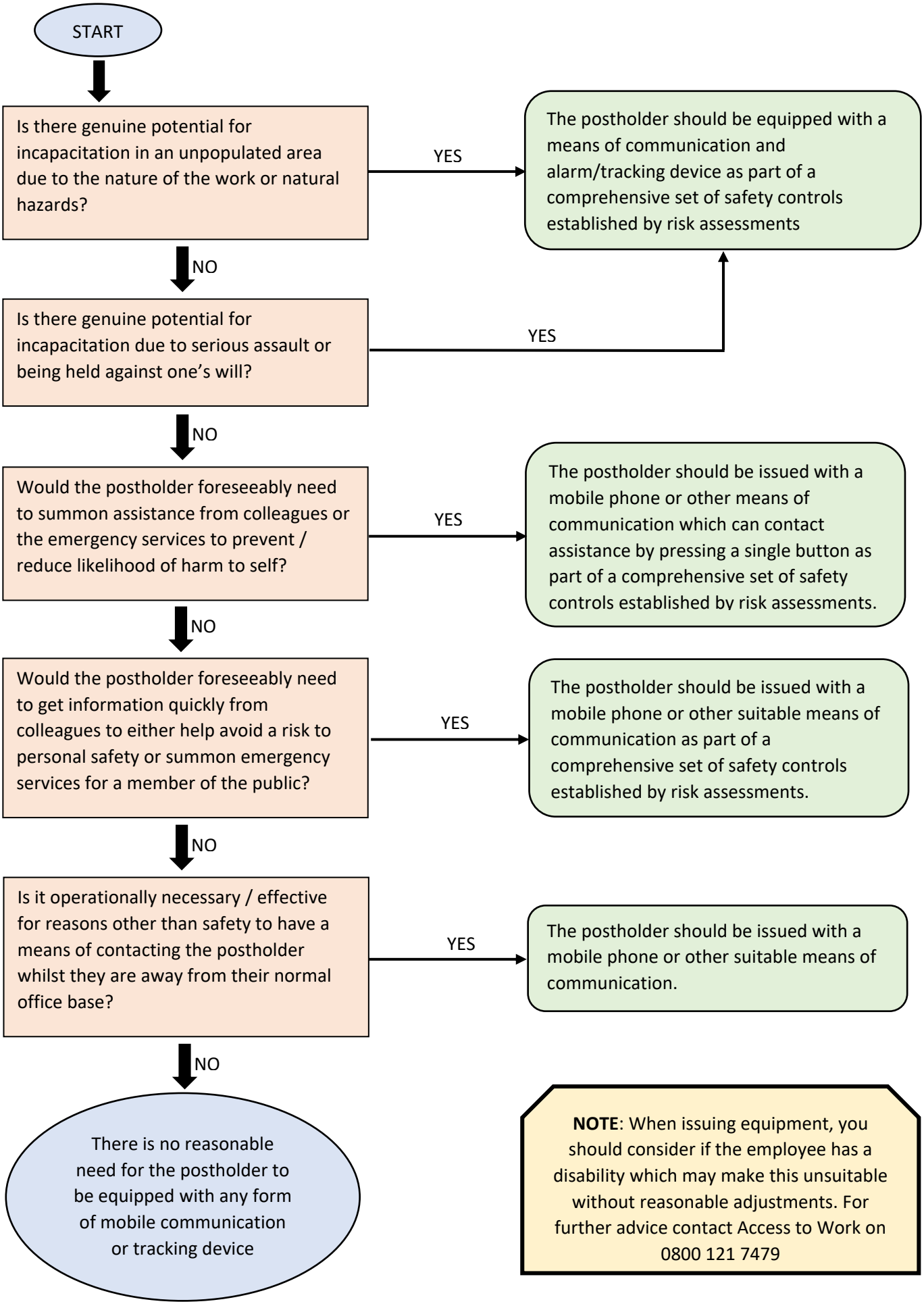Issuing communication/tracking equipment to lone workers