

You have a right to an advocate who will always be on your side

01

Contact our FREE helpline on [0808 808 1001](tel:08088081001)

02

We will arrange a meeting to suit you

03

We are led by you which means you are in control

Help you to **UNDERSTAND** what's going on around you

LISTEN to you

Be independent and work only for **YOU**

Help you to be **INVOLVED** in decisions

Support you to have your **VOICE** heard

Inform you of your **RIGHTS**

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www.nyas.net

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national youth
advocacy service