

All About Me Reviews – Menu of Choices

We thought it would be helpful to give you ideas about how to get the best from your review, and so on the next page are some suggestions that might be helpful for you to use to get ready for your review and to do on the day. Let your social worker or carer know if you have other ideas for your review!

Before your review your social worker will talk to you about how you would like your review to run. There may be important things that you would like everyone to focus on at your review or ideas for how everyone can make sure that you feel included so make sure you let your social worker or carer know and they can tell your Independent Reviewing Officer (IRO).

On the day, your Independent Reviewing Officer (IRO) will meet with you before your review begins to plan how you would like your review to run.

Looked After Reviews will not all be held in the same way, but the most important thing is making sure *your* views are heard and that *you* get the most out of it.

Menu of choices for my review

Before my Review I might like to

- Prepare a PowerPoint presentation about things I would like to share*
- Get help from my foster carer and social worker to prepare for the meeting*
- Write a letter to be read at my review*
- Make a video blog where I sing, act or dance*
- Prepare a comic strip to be shared*
- Do something else that would make my meeting creative*



At my Review I might like to

- Celebrate my achievements*
- Chair my review, or chair it together with my IRO*
- Do something creative, using Lego, play dough or colouring pens*
- Interview my social worker, foster carer and IRO about their plans to help me achieve my goals*
- Share my updates like newsreaders*
- Do something else that would make my meeting creative*
- Use my own special ideas*