

## **Bereavement Support for Families**

### **A Child of Mine**

A Child of Mine is here after the most unimaginable loss, after a baby or child has died. We are here to support families with emotional support, practical information and guidance. The charity also offers training and education to healthcare professionals from a parent's perspective; 1-1, group, sibling, and professional support; information on alternative therapies.

Website: <https://achildofmine.org.uk/families/>

### **Amparo**

Amparo means 'shelter' or 'safe haven' in Spanish and provides support for anyone bereaved and or affected by suicide. Amparo is completely confidential and can provide short-term or longer-term support, depending on what you feel it is you need – we are guided by you. Liaison Workers will listen and help you to access any support you need, whilst helping with a range of practical matters such as: dealing with police and coroners, helping with media enquiries, preparing for and attending inquest, finding other, appropriate, local support services. Amparo is commissioned by all 4 South Yorkshire Local Authorities and supports people living and working in SY. Call 0330 088 9255.

Website: <https://amparo.org.uk/our-locations/south-yorkshire/>

### **At a Loss**

An organisation to search for bereavement support services whether that be national agencies, specialist providers or local provision. Bereavement by death (including pregnancy), preventing grief from becoming mental ill health, ensuring bereavement services listed are accurate and up-to-date. Really useful site for searching for local support or specialist support.

Website: <https://www.ataloss.org/>

### **Child Bereavement UK**

Child Bereavement UK support children and young people (up to the age of 25) when someone important to them has died or is not expected to live, and parents and the wider family when a baby or child of any age dies or is dying. They offer support and training to professionals; group sessions for families, parents and young people; helpline and live chat; lots of free downloadable resources and factsheets.

Website: <https://www.childbereavementuk.org/>

### **Child Death Helpline**

The Child Death Helpline aims to provide a quality free phone service to anyone affected by the death of a child of any age. Callers to the helpline might be parents, grandparents, siblings, other family members, friends or involved professionals. Contact number: 0800282986

Website: <https://www.childdeathhelpline.org.uk/>

### **Child Funeral Charity**

The Child Funeral Charity (CFC) assist families financially in England and Wales who have to arrange a funeral for a baby or child aged 16 or under. Whilst many funeral directors, the clergy and most celebrants do not charge fees, there are other funeral related expenses that bereaved parents struggle to find. Financial support is available from CFC to help with such funeral costs, together with practical advice and guidance. Contact number: 01480 276088

Website: <https://www.childfuneralcharity.org.uk/contact/>

### **Cruse**

Cruse offers bereavement support, helpline (office hours) and online chat.

Website: <https://www.cruse.org.uk/>

## **Bereavement Support for Families**

### **HOPE**

HOPE provides free and unlimited support to people bereaved or affected by traumatic events such as road traffic collisions (RTCs), fires, drowning or through the witnessing of a traumatic event. HOPE supports children and adults of all ages, from all backgrounds. Contact number: 0114 2270105.

Website: <https://www.hope-sy.org.uk/>

### **Meningitis Now**

Support for families who are affected or bereaved through meningitis.

Helpline, community support officers, and financial support to help with unexpected costs.

Website: <https://www.meningitisnow.org/how-we-help/bereavement-support>

### **Sands**

Sands is the leading stillbirth and neonatal death charity in the UK. Sands provides bereavement support services both nationally through its Freephone helpline, mobile app, online community and resources, and locally through a UK-wide network of around 100 regional support groups.

Website: <https://www.sands.org.uk/about-sands>

### **SOBS (Survivors of Bereavement by Suicide)**

SOBS has self-help support groups across the UK, where you can meet with other people who have been bereaved by suicide. They provide an opportunity to listen, to share, to ask questions and to connect with others. Rotherham Group email: [rotherham@uksobs.org](mailto:rotherham@uksobs.org) or National Support Line: 0300 111 5065. Website:

<https://uksobs.org/>

### **The Compassionate Friends**

Helpline, retreats, gatherings, leaflets, books, signposts to other support.

Website: <https://www.tcf.org.uk/>

### **The Good Grief Trust**

Support charity for the bereaved. Signposts to support, helpline and advice.

Website: <https://www.thegoodgrieftrust.org/>

### **The Lullaby Trust**

Offers confidential bereavement support to anyone affected by the sudden and unexpected death of a baby or young child. Has a helpline, facebook bereavement support group, CONI, family days, memorial website, befriender support.

Website: <https://www.lullabytrust.org.uk/bereavement-support/>

### **Walk with Us**

A toolkit to support children, young people and families following bereavement by suicide. This was coproduced with children and young people in South Yorkshire who have been bereaved by suicide.

<https://nspa.org.uk/wp-content/uploads/2022/11/Walk-With-Us-Toolkit-1.pdf>

### **Winston's Wish**

Support children and young people after the death of a parent or sibling.

Free helpline, support for schools and bereavement professionals, support for SEND children, free resources, information available in other languages, shop (memory boxes, books, journals, etc.).

Website: <https://www.winstonswish.org/about-us/>