Staff member comforts, acknowledge, reassures and responds to students. Safeguarding lead is notified

Safeguarding lead assesses risk and identifies most appropriate trusted adult/staff member to meet young person needs.

### **Low Risk**

## **Medium Risk**

#### **High Risk Crisis**

- Comfort
- · Acknowledge
- · Reassure
- Respond
- · Offer supportive strategies/safety net
- Explain confidentiality and consent
- Encourage and help young person to link to sources of support organisation
- Contact young person parents/carers unless it places a young person at risk
- Consider initiating EHAT consider if/
- what support is needed for wider family

  Consider contacting your Primary
- Mental health worker/EMHP.

   Ensure appropriate safety net and
- resources are shared.

  Look at medical treament if needed
- Look at safeguarding and take advise

- · Comfort
- · Acknowledge
- · Reassure
- · Respond
- Offer supportive strategies/safety net
- · explain confidentiality and consent
- Encourage and help young person to link to sources of support organisation
- Contact young person parents/carers unless it places a young person at risk
- Initiate EHAT to coordinate support for young person
- Follow safeguarding procedure, if obvious safeguarding concerns of immediate risk to the child consider if/what support is needed for wider family.
- Ensure parents have risk management advise
- . Seek medical treatment where needed

- Locate young person
- · Comfort
- · Acknowledge
- · Reassure
- Respond
- Contact emergency services if injury is life threatening or if young person is suicidal
- If young person has taken an overdose, take to A&E
- Administer first aid if required
- Inform designated Safeguarding lead
- Contact the young persons parents/ carers, unless it places the young person at further risk
- Consider environment and those who might be affected by witnessing the incident
- If the young person is taken to hospital, emergency protocols in A&E will be implemented and referral to CAMHS activated

#### <u>Blackpool only</u> - Youtherapy -(11- 25 )Low Level CYP Counselling (Blackpool, Fylde &Wyre) Drop in sessions - All ages no referral necessary - Talbot Road, Blackpool

**Horizon** -25+ self referral intervention to reduce alcohol and drug dependance -01253 205156

Mind Matters - 16+ Access to psychological therapies (IAPT) 01253 955943

CASHER - Crisis support for CYP 18+ ON 07810696565

Rapid and Intensive Support (RAIS) - Crisis service for CYP 01253 951068

Mental health suport team

Kootk

<u>Cumbria</u> - First Step Cumbria - Mental Health and Wellbeing 24 hours - 08009530110

CAMHS- South Lake & Furness - 01229 402696

NHS Wellbeing and Mental Health Crisis Line 24/7 - All Areas 08009 530110

SAFA

Kooth

#### **Blackburn with Darwen**

Kooth

Mental health support team

Rais Teams

#### Lancashire

eysafeguardingteam@lancashire.gov.uk - 03001 236722

Shout text SHOUT to 85258

Mental health support team

Rais Teams

Kooth

# Over 16

Blackburn IRS number 0800 013 0707

Blackpool 01253 951225 5pm onwards 01253 956280

Chorley &South Ribble 01772 676173 5pm onwards 01772 773525

Hyndburn, Rossendale & Ribble Valley 01254 226006 5pm On wards 01254 61264

Lancaster & Morecambe 01524 550550 5pm onwards 01524 550198/01524 550199

Pendle &Burnley 01282 628455 5pm onwards 01282 657222

Preston 01772 647024 5pm onwards 01772 773433

West Lancashire IRS number 0800 013 0708

South Cumbria 01530 462500 5pm onwards 01530 462500

#### Blackpool Only

Emergency Duty Team - All ages Out of hours emergancy situation - 01253 477 600 Blackpool Central CAMHS 01253 957 160 out of hours 07810696565

#### **Lancashire**

CYPMHS- East Lancashire -01282 628 800

Fylde Coast -01253 957 166

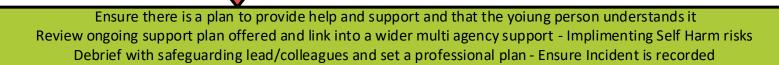
Preston - 01772 777344

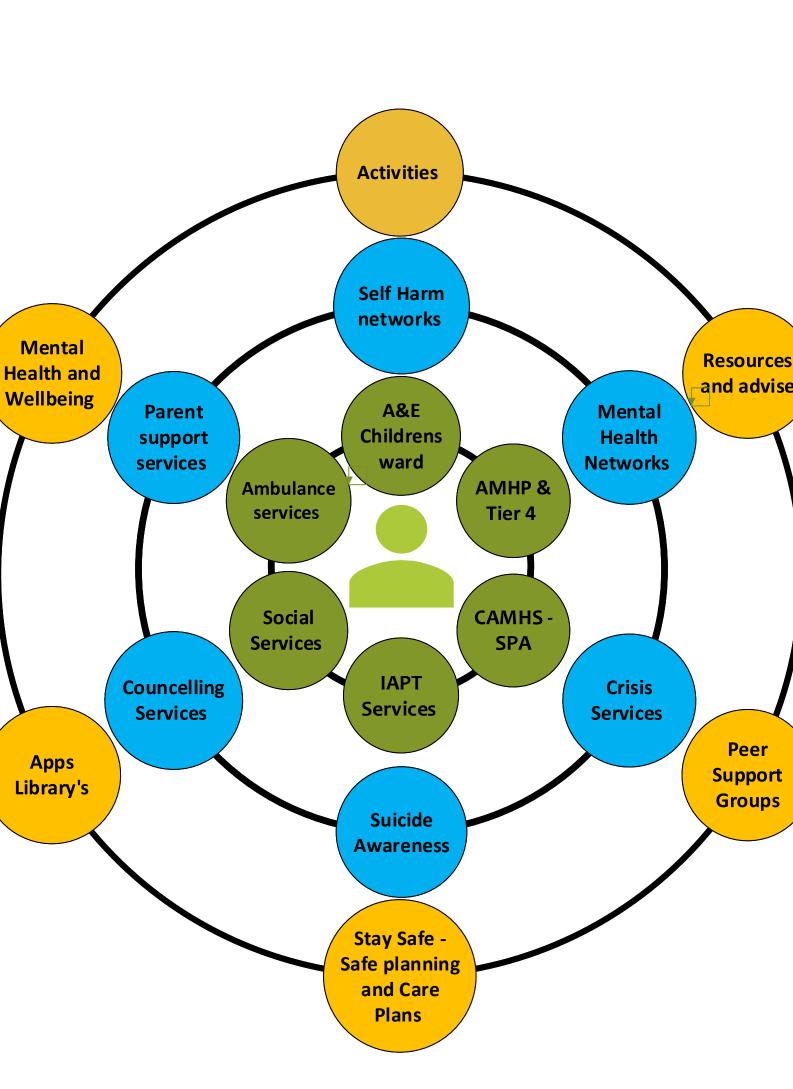
Lancaster & Morecambe - 01524 550 650

South Cumbria- 01225 408 660

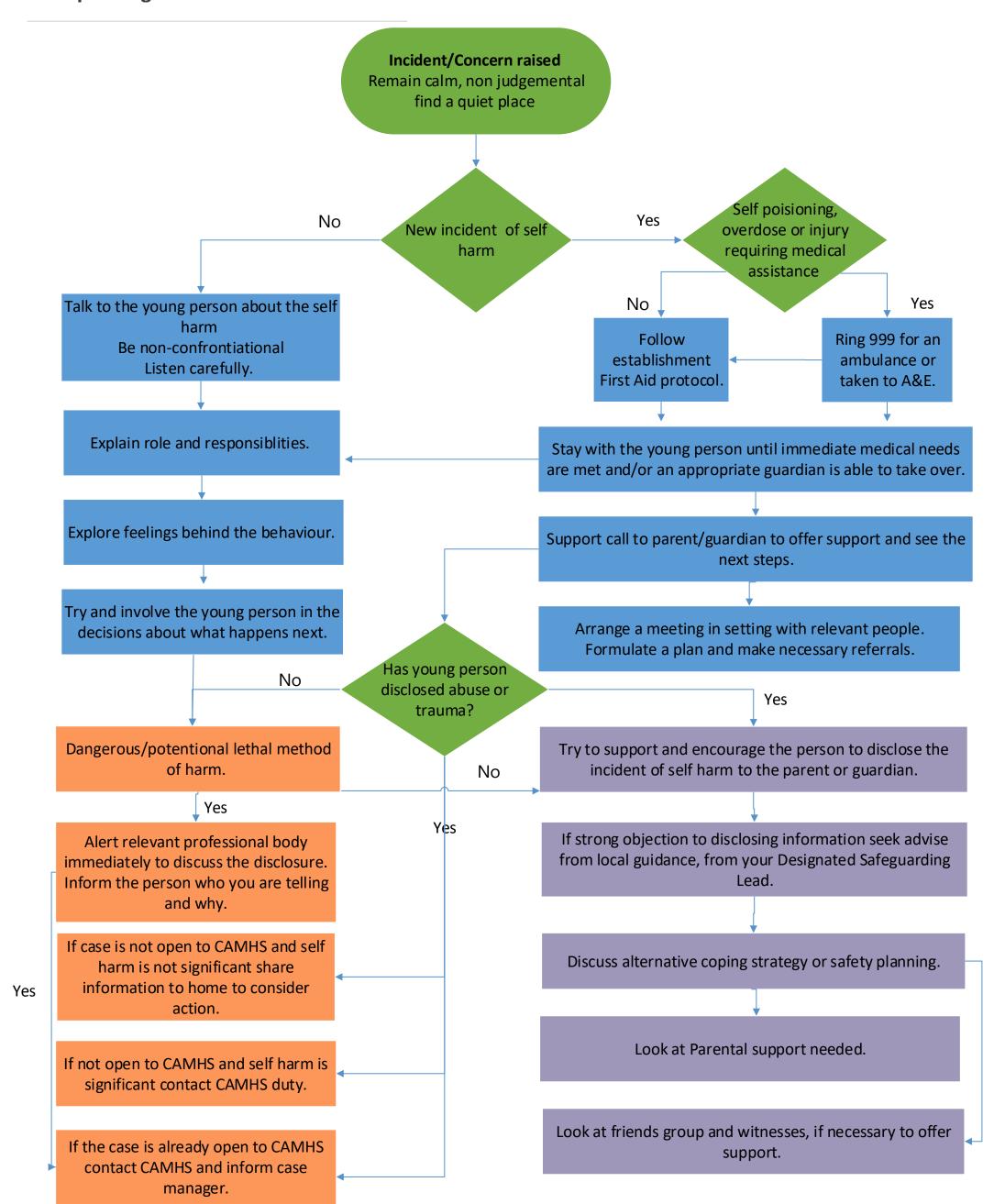
West Lancashire -01695 684 262

CSR -01772644644





# Self Harm Pathway Responding to disclosure of self-harm



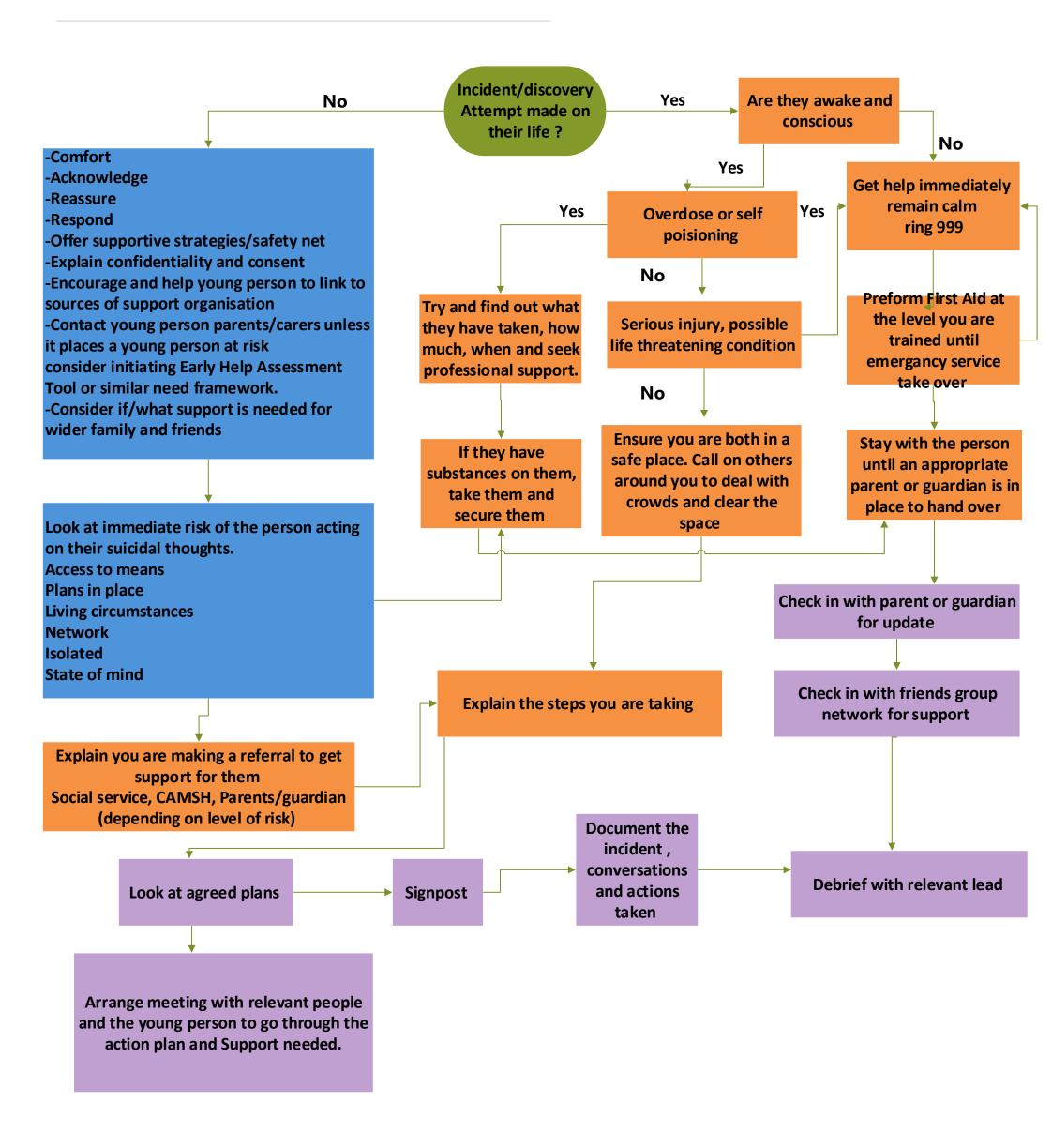
#### Footnote:

New incident - incident that has just happened and presents new injuries Exisiting - self injury that has been completed previously and only disclosed now Dangerous/lethal self harm -

BLUE - Low risk Route.
ORANGE- High risk route.

#### **Suicidal Thought or behaviours**

#### **Guidance for responding of suicidal thoughts or behaviours**



Footnotes
Attempt:
Suicidial ideation
Self Harm
Risk

BLUE - Low risk Route.

ORANGE- High risk route.

- Wellbeing Helplines and texting service 08009154640 or text hello to 07860022846 - East Lancashire and Blackburn with Darwen  - Stem4  - Zero Suicide Alliance - Life sign - Every Life Matters - Safety net - Right lines  - MindEd - IMO charity - Muslim Youth helpline - Mental health Urgent - Response - Family Lives - Family Lives - Samaritians  - CASS telephone Service Monly - Self Injury Support - Word - Ny Time Barmardos - Shout - Deaf Link service - Cashier  - Cashier  - CASS telephone Service Monly - Self Injury Support - Word - Ny Time Barmardos - Shout - Deaf Link service - Cashier  - Cashier	nman
- LSCFT Wellbeing and Mental health Helpline IRS - Lancashire and South Cumbria - MindEd - Muslim Youth helpline - Mental health Urgent - Response - Crossroads - Family Lives - Cambling with lives	
- LSCFT Wellbeing and Mental health Helpline IRS - Lancashire and South Cumbria IRS - Lancashire and South Cumbria NHS Foundation Trust Mental Health Crisis Line 08009530110 - Veterans Mental Health Services - Lancashire Montal Health - Mindled - Mental Health Urgent - Response - Family Lives - The Healing Well - Chorle - Veterans Gateway - Hearing Voices support goods - Hearing Voices support goods - Gambling with lives - Firstsite - CANW EHWB Team - Creative-lives.org - CADAS -10+ - PAC promotion Autonom Change	ort group
- Approved Mental Health Professional Service  - Approved Mental Health Professional Service  - Red Rose Recovery - Shout textline - Staying safe - Papyrus - Acron Recovery - Acron Recovery - Student againest Depression - Re:Fresh - Re:Fresh - Care network Bereaved by Care network Bereaved by Mind Out - LGBTQ+ - Mind Out - LGBTQ+ - Acron Recovery - Red Rose Recovery - Shout textline - Staying safe - Papyrus - Acron Recovery - Re:Fresh - CALM - Age Uk advise line - Every Life Matter	
- Talking Therapy Therapy - Mindmatter  - Mindmatter  - Mindmatter  - Mindmatter  - Mindmatter  - Birchall Trust - Cedar House Concelling and Psychotherapy - Family Lives - Maundy - SANEline - Stride - UR Potential - Intact - Yewdale Councelling Services  - Papyrus Debrief Services - Resilience Hub - Rooth  - Mind Matters 16+ - Beacon Councelling Trust Gambling - N-Compass- Drug and Alc - Cruse - Bereaved by Suici	hol
- Psychosis Peer support  - Peer talk - Preston - Peertalk - Intact - Peertalk Preston 18-30 group - Surviviors bereaved by Suicide - Suicide Bereavement Support - papyrus - Samatritian  - Peer talk - Preston - MINDOUT - LGBTA+ - Andy's Man Club - The lighthouse - Blackpool - SOBS - bereaved by Suicide - Healthy Hopes - Dads place - LGB&T Out in the Bay - County - The Billy Project - Female - Andy's Man Club - The lighthouse - Blackpool - SOBS - bereaved by Suicide - Healthy Hopes - Dads place - Dads place	+18 19 oort
- LSCFT Helpline  - East Lancashire and Blackburn with Darwen Drop in services  - East Lancashire and Blackburn with Darwen Drop in services  - East Lancashire and Blackburn with Darwen Drop in services  - East Lancashire and Blackburn with Darwen Drop in services  - East Lancashire and Blackburn with Darwen Drop in services  - West End Impact - West End Impact - West End Impact - Birchwood - Crisis placement  - Nightsafe  - CAMHS Resources - Thinkninja - Headspace - Citizen Advise Debt and welfare service - Nightsafe  - Streetlife emergancy should be a plackpool and Wyre - My Positive Futures - Crisin Barrow.	ter - 16- Fylde

## **Education setting - Self-harm Pathway**







## Self-harm Pathway

## A guide to help to help decide who to ask for help to choose the right support and service:



eferral routes R