



To report Abuse or Neglect (Central Bedfordshire):

If you think an adult is in immediate danger, call the police on 999.

Reporting abuse of an adult:

Click the link below to the webpages for safeguarding adults for further information and to complete the online safeguarding alert from:

[Protecting vulnerable adults from harm | Central Bedfordshire Council](#)

To discuss or speak to someone about adult harm and abuse or to get help to complete the online form call or e-mail:

- **0300 300 8122** (Monday to Friday, Office hours)
- **0300 300 8123** (outside of office hours)
- Email: Adult.protection@centralbedfordshire.gov.uk

Reporting abuse of a child:

Click the link below to the webpages for safeguarding children:

[Child protection - safeguarding children and young people | Central Bedfordshire Council](#)

To discuss or speak to someone about a child or children at risk of harm or abuse please telephone or e-mail:

- **0300 300 8585** (Monday to Friday Office Hours)
- **0300 300 8123** (Outside of office hours)
- Email: cs.accessandreferral@centralbedfordshire.gov.uk



To report Abuse or Neglect (Bedford Borough):

If you think that an adult is in immediate danger, call the police on 999.

Reporting abuse of an adult:

Click the link below to the webpages for safeguarding adults for further information and to complete the online safeguarding alert from:

[Bedford Borough Safeguarding Adults Team | Bedford Borough Council](#)



To discuss or speak to someone about adult harm and abuse or to get help to complete the online form call or e-mail:

- **01234 276222** (Monday to Friday, Office hours)
- **0300 300 8123** (outside of office hours)
- Email: adult.protection@bedford.gov.uk

Reporting abuse of a child:

If you think the child is in immediate danger, call the police on 999.

Or Bedfordshire Police: 01234 841212

Or NSPCC Child Protection Helpline: 0808 800 5000

Click the link below to the webpages for safeguarding children:

[Concerned about a child? | Bedford Borough Council](#)

To discuss or speak to someone about a child or children at risk of harm or abuse please telephone or e-mail:

- **01234 718700** (Monday to Friday Office Hours)
- **0300 300 8123** (Outside of office hours)



To contacting the Safeguarding Adults Board (Central Bedfordshire and Bedford Borough) or Independent Chair:

- Tel: **0300 300 6737**
- Email: sab@centralbedfordshire.gov.uk