# Rough Sleeping Videos

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| **New videos on rough sleeping and lifestyle choice from Ellie Atkins** Our colleague, Ellie Atkins, who runs the Adult Social Care - Complex Needs Service in Manchester has developed a series of videos which aim to change people’s thinking and actions about rough sleeping.   These focus on a client called Beryl and looks at the steps taken to address her needs and includes an episode on executive functioning.    These expand on Ellie’s earlier video on executive functioning which we highlighted in an earlier bulletin. * What you need to**know**to end rough sleeping; [Ellie Atkins: Episode 1 What you need to know, to end rough sleeping - YouTube](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Falcoholchange.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3Dc3af16d7b2ad0fdd40ae8af17%26id%3D82a0a6d65c%26e%3Dfe79457351&data=05%7C02%7CBarbara.Grell%40centralbedfordshire.gov.uk%7C9ab3c6bb345744921aec08dc0c71e9f3%7C21d8a1ee07874374b2594e87058aff15%7C0%7C0%7C638398930589633382%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=FfEdl7puUDt0YFY5Uo33J%2F%2BviXM0WKcGnR3%2FE26DOCM%3D&reserved=0)
* Why you need to know about **executive functioning**; [Ellie Atkins Episode 2 - Why You Need To Know About Executive Functioning - YouTube](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Falcoholchange.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3Dc3af16d7b2ad0fdd40ae8af17%26id%3D3cd24045d9%26e%3Dfe79457351&data=05%7C02%7CBarbara.Grell%40centralbedfordshire.gov.uk%7C9ab3c6bb345744921aec08dc0c71e9f3%7C21d8a1ee07874374b2594e87058aff15%7C0%7C0%7C638398930589633382%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vJ7YO5ojDyesR4UCCkiIPHpknFvhk0Y%2F4QxvRsBIC8o%3D&reserved=0)
* What we need to **do**to end rough sleeping

[Ellie Atkins Episode 3 What We Need To Do To End Rough Sleeping - YouTube](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Falcoholchange.us6.list-manage.com%2Ftrack%2Fclick%3Fu%3Dc3af16d7b2ad0fdd40ae8af17%26id%3Dd3777fd6b5%26e%3Dfe79457351&data=05%7C02%7CBarbara.Grell%40centralbedfordshire.gov.uk%7C9ab3c6bb345744921aec08dc0c71e9f3%7C21d8a1ee07874374b2594e87058aff15%7C0%7C0%7C638398930589633382%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=CfB%2BTgTcUSv5ysLBET1pqeFKXjtH5eyj4iQE6wUrCDc%3D&reserved=0)Beryl is just one example of the many people sleeping rough, that have care act needs reflective of Acquired Brain Injury, neurodivergence, substance misuse and PTSD.    Ellie is sharing these videos to help people understand, commission, plan and deliver the ways of working required to prevent and address complex needs.   |

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