

# LB Newham's Child Sexual Exploitation (CSE)

## Catalogue of Interventions 2017

This directory is a tool for the frontline re signposting children with specific needs around CSE to targeted projects. The projects available in Newham have been cut drastically due to budget pressures within the voluntary sector. This has had a particular impact on the Children's Society – all their CSE projects have been cut. They are available for consultation only at present.

This document also lists resources that can be used with young people to build their resilience and knowledge around this subject area. This is to assist direct work. Resources for professionals are also listed.

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CSE/Missing Coordinator

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## **NSPCC – Protect and Respect**

### **Summary:**

The NSPCC East London Protect and Respect Sexual Exploitation Service is based in the London borough of Tower Hamlets and covers the Newham area. The service aims to work with young people who are at risk of, have previously been or are currently being sexually exploited. The service works with young people who are both UK born or who have been trafficked externally and/or internally for the purposes of sexual exploitation.

### **Eligibility criteria:**

- 11-19 years of age
- Male or Female
- The young person must be vulnerable to sexual exploitation or have experienced some form of sexual exploitation
- The young person must have some level of motivation to engage (however limited)
- The young person does not need to have insight into the associated risk or the concerns linked to the possible sexual exploitation

### **Project details:**

We work with the young person over a 6 month period; the first month of which is spent undertaking an assessment of risk and need, carried out by specialist practitioners who have been trained to work with young people who have been sexually exploited. Once the assessment has been completed, time is spent engaging the young person directly using a variety of methods such as one to one work, therapeutic support and group sessions. The service is confidential. We aim to see the young person on a weekly/fortnightly basis, and have a duty of care to see a young person a minimum of every 28 days. We work in a multidisciplinary way alongside other services. The aim is that the young person will have significantly reduced their vulnerability to sexual exploitation by securing a safer environment and/or a more stable lifestyle. They should also have a greater insight into sexual exploitation and the grooming process as well as become more resilient to sexual exploitation.

**Contact details** - [www.nspcc.org.uk](http://www.nspcc.org.uk); 020 3763 2380 [elscduty@nspcc.org.uk](mailto:elscduty@nspcc.org.uk)

## **The Children's Society**

Although the CSE specific projects have now been cut the below projects may be able to assist the frontline with risk management. There are further CSE projects in the pipeline however these are yet to be confirmed.

The TCS refugee and migrant services work all over London, including Newham:

- ❖ **Rise:** specialist service for boys and young men who have been trafficked into the UK. Advice, advocacy and support through the immigration system, accessing rights and entitlements and therapeutic support: <http://www.childrenssociety.org.uk/what-we-do/helping-children/rise-project>
- ❖ **Stand by Me:** advice, advocacy and support to unaccompanied young refugees and migrants: <http://www.childrenssociety.org.uk/what-we-do/helping-children/stand-by-me>
- ❖ **Destitution Project:** advice, advocacy and support to young migrants, asylum seekers and refugees aged 14 to 21, who are destitute or at risk of destitution: <http://www.childrenssociety.org.uk/what-we-do/helping-children/destitution-project>
- ❖ **Family Voice:** advice and advocacy for destitute families <http://www.childrenssociety.org.uk/what-we-do/helping-children/family-voice>

For consultation please call the Stratford office on: 020 8221 8200

## **NIA**

### **Young Women's Advocate Project**

The Young Women and Girls' Advocate works with young women aged between 11-25 years, who have experienced or are at risk of sexual violence. The Advocate aims to provide weekly informal 1-to-1 support to high risk young women, such as girls involved in 'gangs' or girls under 14, while consulting with professionals on other cases.

To be eligible for 1-to-1 work with the Young Women and Girls' Advocate:

- ❖ The young woman must live, attend school, or access services in Newham, Tower Hamlets, Barking & Dagenham, or Waltham Forest.
- ❖ The young woman must be between the ages 11-18.
- ❖ The young woman must have experienced sexual violence – including but not limited to sexual exploitation, rape, 'gang' sexual involvement, prostitution and trafficking.

The Advocate's work will be based on specific issues relevant to each young woman, which will be agreed with her, allowing her to have control over the service and to engage voluntarily. The Advocate can offer both practical and emotional support to a young woman, including promoting her needs to the professionals working with her. The Advocate will also try to reduce the risks in a young woman's life and increase the protective factors around her. If a young woman wishes to report a crime of sexual violence, she will be supported throughout the criminal justice process by her Advocate. Where offending behaviour is identified, the Advocate will work proactively to encourage the young woman to engage in positive activities within her community and support her to understand how sexual violence has shaped her experiences.

The Advocate can address topics such as:

- ❖ Safe relationships – recognising abuse
- ❖ Self-esteem/ confidence – knowledge of consent and rights
- ❖ Managing risks/ safety planning – without blame
- ❖ Sexual health – support attending clinics/ accessing contraception

- ❖ Identity/ values – including attitudes to sexual violence within community
- ❖ Trauma work – coping mechanisms (including self-harm) and recognising emotions
- ❖ Gang' involvement – sexual violence/exploitation in groups

The Young Women's Advocate can also deliver group work with 11-25 year olds who are at risk of sexual violence (as well as those that have experienced sexual violence). The topics covered are as above but each group will be tailored to the needs of the individuals referred. The group aims to increase young women's safety through developing their knowledge of sexual violence, their rights and the support available to them. Each course of group work will run for 6 weeks with each session lasting 1-2 hours. Referrals are accepted for groups up to 10 young women.

NIA provides a woman-centred approach and endeavours to help young women to question the role of women and themselves in society. The Advocate is independent of statutory services.

Please contact Zuzana Feltham on 07717308618 or [zfeltham@niaendingviolence.org.uk](mailto:zfeltham@niaendingviolence.org.uk) to discuss referrals. See below for referral forms relating to group and individual referrals. All completed referral forms, please send to [ywa@niaendingviolence.org.uk](mailto:ywa@niaendingviolence.org.uk)



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## **NIA - East London Rape Crisis Service**

Our Rape Crisis Service provides free, confidential specialist help for women and girls who have been raped or experienced any other form of sexual violence. Our services are for women of all ages including young women over the age of 14, whatever the assault and whenever it occurred.

We understand how difficult it is to take the first step, but when you feel ready, we are here to help. Rape is never a woman's fault. The women who work and volunteer at Rape Crisis London will offer you confidential and independent support. Services include emotional and practical support, one-to-one counselling, group support and advocacy. If you would like to access the service or would simply like some more information call us on **0207 683 1210**, if your call is unanswered please leave a message with a safe telephone number and we will call you back.

We know that men and boys are raped and sexually assaulted and so suffer the same traumas that women do. But because our centres are for women only, we aren't able to offer men or boys long-term support. Please follow this link for details of who can help you <http://www.rapecrisislondon.org/content/help-men-boys>

NIA is affiliated to Rape Crisis (England and Wales), an umbrella organisation supporting Rape Crisis Centres across the country. Rape Crisis is completely independent of the government and the criminal justice system.

You can find Rape Crisis Services in other parts of London by following this link <http://www.rapecrisislondon.org>

You can find Rape Crisis Services in other parts of England and Wales by following this link [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

## **The London Black Women's Project (LBWP) formerly Newham Asian Women's Project**

### **Project: Aware**

The project focuses on safety, survival and recovery of BMER women and girls aged 11 up to 24, who may have experienced or you suspect are at risk of:

- ❖ Sexual exploitation/grooming
- ❖ Sexual harassment
- ❖ Bullying and sexual abuse
- ❖ Gangs and abuse
- ❖ Domestic abuse (Physical, emotional, financial and sexual)
- ❖ Harmful practices such as forced marriages and FGM

Project Aware delivers advocacy and support to young women through:

- ❖ One to one work (weekly - 50mins sessions)- tailored to the issues that may arise for this young person. This will be for 10 sessions
- ❖ Small support group work (once a week for 6 weeks)
- ❖ Facilitating outreach programmes, schools programme and other activity programmes for advocacy and awareness to young people. For instance running workshops for PHCSE on domestic violence, grooming and sexual exploitation, forced marriage, etc.

The aim of the project is to empower young women and challenge attitudes around normalisation of gender based violence by supporting them to:

- ❖ Identify early warning signs of abuse
- ❖ Voice abuse that may be happening to them or has happened

- ❖ Supporting them through disclosure processes
- ❖ Uphold their rights to actively participate in shaping their own lives and supporting them to engage in decisions made about their lives and where their views, needs and feelings are at the core of those decisions.

Sessions are delivered at a convenient and safe location in their borough (Redbridge, Newham and Tower Hamlets), usually at their school/college/university or identified safe space, but they are also welcome to meet at our LBWP office on Barking Road, Newham.

LBWP have also redesigned their work to ensure that BAMER young women and girls who identify themselves as Lesbian, Bi-sexual or transgender and have access to our dedicated services and that we have better outreach with them while ensuring safe space for this work to happen.

We also have counselling for young women aged 16-21years old delivered by Husnara Kabir: 07734 956116/ [hkabar@lbwp.online](mailto:hkabar@lbwp.online)

Below is a referral form for the Young Women and Girls Service. The LBWP office can be reached on 020 8472 0528.



Young Women and  
Girls Service Referral



## **Resource List**

The following resources can be used with young people for direct work to engage them re difficult or taboo topics. They can provide ideas for session plans and encourage a safe space to discuss issues candidly. Some of the below listed items are not free however this is indicated if so. The list also includes resources for professionals. N.B. This is not an exhaustive list.

- ❖ ARC – CSE helping each other <http://arcuk.org.uk/blog/helping-each-other-training-materials/>
- ❖ Youtube – This is abuse, Childline, NSPCC videos
- ❖ Disrespect Nobody Campaign – videos on website <https://www.disrespectnobody.co.uk/>
- ❖ Sick Party DVD – (costs attached)
- ❖ Tender DVD and resource pack – (costs attached)
- ❖ Barnardos – Real Love Rocks pack <http://www.barnardosrealloverocks.org.uk/>
- ❖ NSPCC – Share aware videos (aimed at younger children)
- ❖ Barnardos – Wud U App An App which aims to educate young people about behaviour that could put them at risk of being sexual exploited, through illustrated, interactive stories  
[http://www.barnardos.org.uk/what we do/our work/sexual exploitation/wud-u-app](http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/wud-u-app)
- ❖ Blob Cards (can be found on Amazon – costs attached)
- ❖ Change – books on sexual health and relationships (learning disability specific – costs attached)
- ❖ PACE – CSE resources to use with parents <http://www.paceuk.info/>
- ❖ Beyond words books – (costs attached)
- ❖ Chelsea's Choice - A short film about CSE awareness raising for young people  
<https://www.youtube.com/watch?v=bAo8Yly8rFk>
- ❖ Contextual Safeguarding Network - online resource for professionals
- ❖ Consent and Tea - A short film about consent for young people <https://www.youtube.com/watch?v=oQbei5JGiT8>
- ❖ Say Something' - National CSE reporting and support line
- ❖ Spotting the signs of child sexual exploitation - Short Film by Health Education England  
[https://www.youtube.com/watch?v=sC4Nn\\_mYKu0](https://www.youtube.com/watch?v=sC4Nn_mYKu0)
- ❖ Exploited Full Version. A CEOP educational resource. <https://www.youtube.com/watch?v=qORv-Tgl4JI>

- ❖ Exposed. A short CEOP film about a girl who sends images of herself on her mobile phone  
[https://www.youtube.com/watch?v=4ovR3FF\\_6us](https://www.youtube.com/watch?v=4ovR3FF_6us)
- ❖ Innocence. Short film from Barnardo's about a girl that is groomed by an older man  
[http://www.barnardos.org.uk/what\\_we\\_do/who\\_we\\_are/northeast/north\\_east\\_what\\_we\\_do/ne\\_innocence.htm](http://www.barnardos.org.uk/what_we_do/who_we_are/northeast/north_east_what_we_do/ne_innocence.htm)
- ❖ The Sexual exploitation of Children: can you recognise the signs? A 20-minute film to raise awareness about grooming and sexual exploitation using the EastEnders story of Whitney <http://www.cse.siyonatech.com/#prettyPhoto>
- ❖ Thinkuknow - <https://www.thinkuknow.co.uk/teachers/resources/>
- ❖ Stop it Now! - <https://www.stopitnow.org.uk/>
- ❖ National Working Group (NWG) - <http://www.nwgnetwork.org/> The LSCB is a NWG member. If you require any resources from this site please contact the CSE/Missing Coordinator.
- ❖ MsUnderstood - <http://www.msunderstood.org.uk/>
- ❖ Girls in Gangs - <http://girlsingangs.org/>