Leicester Leicestershire and Rutland Self Harm Pathway for Children and Young People

INDIVIDUAL PRESENTS WITH IDEAS OF SELF INDIVIDUAL PRESENTS WITH 'ACTUAL' SELF HARM, SUICIDAL THOUGHTS OR BEHAVIOURS **HARM GAIN CONSENT** If there are safeguarding concerns consent need not to be obtained Consider capacity and consent https://www.cqc.org.uk/guidance-providers/gps/nigelssurgery-8-gillick-competency-fraser-guidelines LEVEL OF RISK TO BE ESTABLISHED **Low Risk Moderate Risk High Risk** Superficial harm Ongoing self-harm/suicidal thoughts Ensure ongoing support If injured or serious and imminent risk -A&E, call police/ambulance Refer to Children's Input from Early Help or **Social Care** Children's social care **Potential Sources of targeted** Ensure ongoing Request review by GP to or ongoing support support consider further Early Help/Outpatient assessment/ make referral support for families/carers if able e.g. schools nurse **School Nurse** (healthy together), CAMHS, Children's Centres paediatrician, contact PAS Digital Resources online (Professional Advisory **High Risk** e.g. Kooth, Calm Harm app Service) If not injured 0116 2955048 (Open 8.30am -3pm weekdays) CHILDREN'S SOCIAL CARE CONTACT NUMBERS First Response for Leicestershire 0116 305 0005 Children's Duty & Advice for Leicester City 0116 454 1004

Through all stages communicate/liaise with all other agencies involved to provide co-ordinated multi-agency care.

Children's Duty Worker for Rutland 01572 758407

Discuss with Safeguarding Leads where advice and guidance is needed.