

## Appendix 2: Impact Measurement Guide to Scaling

Listed below is a guide to help you identify what score you / the family should provide for each of the domains considered in the assessment and plan.

Health	
Score between 9 and 10 if for example:	Score between 6 – 8 if for example:
<ul style="list-style-type: none"> <li>You are engaging with universal services</li> <li>You attend routine checks at the dentist and doctor and immunisations are up-to-date</li> <li>Your children are reaching all of their developmental milestones and are getting enough healthy food, sleep and exercise</li> <li>You are giving your baby the best start in life and/or teaching older children to take care of their health, including sexual health</li> <li>Your child has a disability which requires no extra support</li> <li>Your child is physically healthy</li> <li>You provide for your child's physical needs – food, drink, appropriate clothing, medical, dental care</li> </ul>	<ul style="list-style-type: none"> <li>Your child is slow to achieve developmental milestones</li> <li>Is missing some immunisations</li> <li>You don't routinely attend medical appointments</li> <li>Your motivation to engage with services is low</li> <li>There are concerns about sexual health</li> <li>Your child is at risk of becoming a teenage parent / concerns about sexual health</li> <li>Your child has a disability which requires some support</li> <li>Emerging unhealthy lifestyle – poor hygiene, diet, inactive lifestyle / overweight</li> <li>You require some advice on parenting issues</li> <li>Professionals are starting to have concerns around your child's physical needs being met – food, drink, appropriate clothing, medical and dental care</li> </ul>
Score between 3 – 5 if for example:	Score between 1 – 2 if for example:
<ul style="list-style-type: none"> <li>Your child is slow not reaching / unlikely to meet developmental milestones</li> <li>Is missing most immunisations</li> <li>Your children are consistently missing medical appointments and don't engage with treatment plans</li> <li>There are ongoing concerns re: hygiene, weight, appearance and self-care</li> <li>You have additional needs which are impacting on your ability to meet your children's needs</li> <li>You are not engaging with services and this is adversely affecting your child's health and development</li> </ul>	<ul style="list-style-type: none"> <li>Your child is not meeting the majority of their development milestones</li> <li>Your child's unmet health needs cause them to be at risk of significant harm</li> <li>Your child has no immunisation's (not an informed choice)</li> <li>Missed / cancelled appointments significantly impacting / likely to cause significant harm to your child</li> <li>You have multiple needs which is significantly impacting on your child's health and development</li> <li>You are not complying with treatment / medical plans and / or treatment is not being sought</li> </ul>

<ul style="list-style-type: none"> <li>• Your child has a disability which requires significant support</li> <li>• Your child has unaddressed health issues and this is significantly impacting on their health</li> <li>• You are struggling to provide for your child's physical needs – food, drink, appropriate clothing, medical and dental care</li> </ul>	<ul style="list-style-type: none"> <li>• Your child has highly complex needs relating to a disability which requires a multi-agency response including specialist social care services</li> <li>• You are unable to provide appropriate parenting that is adequate and safe</li> </ul>
<b>Education:</b>	
<b>Score between 9 and 10 if for example:</b>	<b>Score between 6 – 8 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child is attending school / nursery / college</li> <li>• Is on-track to achieve age-appropriate educational milestones</li> <li>• Enjoys participating in school / educational activities</li> <li>• You have a good relationship with the school</li> <li>• You take an interest in your child's success and achievements</li> <li>• You support and encourage your children's learning and aspirations for the future and they have access to books and toys</li> <li>• Your child has a SEND and is reaching their potential</li> <li>• Your child is engaged in education, employment or training post-16</li> </ul>	<ul style="list-style-type: none"> <li>• Your child has poor attendance and / or is often late</li> <li>• You need support to engage in your child's learning</li> <li>• Your child is not making expected progress and / or there is an unexplained change in progress</li> <li>• There is not a well-established home / school link</li> <li>• Your child has limited access to books / toys</li> <li>• Your child is at risk of not accessing education, training or employment post 16 years</li> </ul>
<b>Score between 3 – 5 if for example:</b>	<b>Score between 1 – 2 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child is regularly absent from school or at risk of exclusion</li> <li>• Your child has had some fixed term exclusions</li> <li>• Your child is significantly underachieving compared to age-related expectations (with or without an underlying SEN)</li> <li>• You have a poor relationship with the school</li> <li>• You have received support but are still struggling to support your child in terms of attendance, behaviour and progress</li> <li>• Your child is not accessing education, employment or training post 16 with limited or no qualifications</li> </ul>	<ul style="list-style-type: none"> <li>• Your child is permanently excluded from school and / or at risk of permanent exclusion</li> <li>• Despite previous support your child is still persistently non-attending school</li> <li>• Your child refuses to access appropriate education, training or employment and has limited qualifications</li> <li>• You are inappropriately or intermittently engaged with your child's education and lack awareness of your responsibilities</li> </ul>
<b>Emotional Development and Wellbeing:</b>	
<b>Score between 9 and 10 if for example:</b>	<b>Score between 6 – 8 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child has a positive sense of self</li> </ul>	<ul style="list-style-type: none"> <li>• Your child has low-self esteem</li> </ul>

<ul style="list-style-type: none"> <li>• They are confident in social situations and able to express their needs effectively</li> <li>• There are no concerns around self-harm, anxiety or depression</li> <li>• If you have mental health issues but this does not impact on the child</li> <li>• You have a good bond / attachment with your child and enjoy spending time with them</li> <li>• You feel that you give your children enough attention and encouragement</li> <li>• You are able to support your child with any difficulties they have so that they are able to cope with events as they occur</li> <li>• There are no issues with substance misuse (child / parent), or if there are these do not impact on parenting capacity</li> </ul>	<ul style="list-style-type: none"> <li>• Your child has suffered from loss, bereavement or trauma</li> <li>• Your child finds it difficult to cope with stressful situations</li> <li>• There are concerns around self-harm, anxiety or depression for your child</li> <li>• You are worried that your child is starting to explore alcohol / drugs</li> <li>• If you have mental health issues this can sometimes affect your parenting capacity</li> <li>• You can sometimes find it difficult to consistently give your child the attention, positive feedback or encouragement that they need</li> <li>• You feel you are mostly able to support your child with any difficulties they have so that they can build resilience and adapt to change</li> <li>• If you are drinking problematically or using drugs</li> </ul>
<b>Score between 3 – 5 if for example:</b>	<b>Score between 1 – 2 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child is isolated and lacks self-worth</li> <li>• There are significant concerns around your child's mental health</li> <li>• You are feeling anxious, depressed, hopeless or have a mental health problem that is not being treated appropriately which is affecting your ability to parent</li> <li>• Your child is self-harming and requires support from a specialist service</li> <li>• You struggle to provide consistent parenting, despite support from Early Help Services and are often critical of your child and find it hard to show them any warmth / affection</li> <li>• You often find it difficult to support your child with any difficulties they have and supporting them when things go wrong</li> <li>• You are worried that your child might be misusing drugs or alcohol and that this is impacting on their health</li> <li>• You struggle to provide for your child's basic needs as a result of your own substance use</li> <li>• The level of care you provide can sometimes be erratic and / or</li> </ul>	<ul style="list-style-type: none"> <li>• There are serious concerns around your child's mental health</li> <li>• Your child is self-harming and this is severely impacting on their health and wellbeing</li> <li>• If you have a mental health issue that is significantly affecting your ability to parent effectively</li> <li>• You can often be highly critical of your child and don't give them enough attention, positive feedback or encouragement</li> <li>• You regularly fail to respond to your child's needs and struggle to meet their physical, emotional and developmental needs</li> <li>• Your child is persistently misusing drugs / alcohol and there is a serious risk to their safety</li> <li>• If you are misusing substances and this is significantly affecting your ability to parent</li> <li>• You don't recognise the impact of your own issues</li> </ul>

inconsistent	(substance use / mental health) on your child's needs
<b>Family and Social Relationships:</b>	
<b>Score between 9 and 10 if for example:</b>	<b>Score between 6 – 8 if for example:</b>
<ul style="list-style-type: none"> <li>• Everything is alright at home and your child behaves well at home</li> <li>• Positive role models are present</li> <li>• You mostly manage the inevitable difficulties and stresses of parenting</li> <li>• You can access support from family and friends to help with this</li> <li>• You are safe, your children are safe, you are not experiencing domestic abuse and you know enough about what your children are doing and their peer group</li> <li>• Your child develops appropriate, positive relationships with peers and can access support from family members</li> <li>• Your children know about safety issues appropriate to their age (bullying, crime, drugs, internet risks, sexual health etc.)</li> <li>• You are not worried about crime or anti-social behaviour (ASB)</li> <li>• Or if your child has been involved in crime or ASB you can deal with this effectively</li> <li>• Your child has no caring responsibilities</li> <li>• You identify and protect your child from harm</li> </ul>	<ul style="list-style-type: none"> <li>• You are struggling to deal with your child's behaviour</li> <li>• You can access some support from family and friends</li> <li>• There has been a sudden worsening in your child's behaviour and / or bad language</li> <li>• There are a lack of positive role models for your child</li> <li>• Your child struggles to maintain relationships</li> <li>• There has been some exposure to domestic abuse</li> <li>• Parental stresses are starting to affect your ability to keep your child safe</li> <li>• Your child is beginning to have an involvement in ASB / is at risk of influence from a specific group (gang) involved in criminal activity</li> <li>• Your child has a lack of awareness around risk and personal safety in line with age related expectations</li> <li>• Your child has caring responsibilities which is affecting their school attendance / achievements</li> <li>• You can have difficulty identifying and protecting your child from harm</li> </ul>
<b>Score between 3 – 5 if for example:</b>	<b>Score between 1 – 2 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child is regularly beyond your control</li> <li>• There is a lack of positive role model</li> <li>• There are poor family support networks</li> <li>• Your child is unable to develop positive relationships with family / peers and is becoming isolated</li> <li>• There has been domestic abuse or you are currently experiencing domestic abuse</li> <li>• Your children have close friends who often put themselves in</li> </ul>	<ul style="list-style-type: none"> <li>• Your child is beyond your control</li> <li>• There are chaotic or inconsistent networks of family support</li> <li>• Your child has no positive relationships with peers and / or adults and is isolated as a result</li> <li>• There is an increase in unacceptable behaviour leading to your child being involved in criminal activities</li> <li>• There are significant incidents of domestic abuse</li> <li>• Your own mental health and / or substance use presents a</li> </ul>

<p>risky situations</p> <ul style="list-style-type: none"> <li>• Your child is association with offenders, gang affiliation and / or is regularly exposed to criminal behaviour</li> <li>• Your family is in trouble with the law</li> <li>• The people you and your family are mixing with have a negative influence (e.g. as a result of their substance use, involvement in criminal activity or inappropriate behaviour)</li> <li>• Your child is a young carer regularly caring for a family member and these responsibilities are impacting on their school attendance, achievement, health and social interactions</li> <li>• You struggle to provide adequate supervision to jeep your child safe despite previous support from Early Help services</li> </ul>	<p>significant risk of harm to your child and you cannot maintain their safety</p> <ul style="list-style-type: none"> <li>• Your child is actively engaged in a gang</li> <li>• Your child is a young carer with inappropriate caring responsibilities that is significantly impairing their development and despite support, continues to miss school / child's needs not being met</li> <li>• Your child is at risk of significant harm due to a lack of parenting</li> </ul>
<b>Housing, Income and Employment:</b>	
<b>Score between 9 and 10 if for example:</b>	<b>Score between 6 – 8 if for example:</b>
<ul style="list-style-type: none"> <li>• Your home is adequate and meets your needs and there are no threats of eviction / rent arrears</li> <li>• You are managing money to cover the basics and making repayments on any debt</li> <li>• You can sometimes save</li> <li>• You are getting the benefits you are entitled to</li> <li>• You and / or your partner are in employment or training or undertaking voluntary work</li> <li>• Or if you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this</li> <li>• You are actively seeking work, if this is not the case, and are engaging with services to assist you with this</li> <li>• You are short-term unemployed (less than a year)</li> <li>• You are a full-time carer</li> <li>• You are reasonably settled where you live and can access transport and services</li> </ul>	<ul style="list-style-type: none"> <li>• Your home is adequate for your needs but is in a poor state of repair</li> <li>• You are struggling to manage your tenancy due to ASB, rent arrears, property condition</li> <li>• You are struggling to manage money and are affected by low income, irregular income or debt</li> <li>• You have significant unmanaged debt</li> <li>• You are struggling to access employment due to a range of barriers such as a lack of basic skills or other long-term difficulties</li> <li>• Your child lives in a household where no one works; adults are long-term unemployed (over 12 months); there is inter-generational worklessness and a lack of role models in work</li> <li>• You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this</li> </ul>
<b>Score between 3 – 5 if for example:</b>	<b>Score between 1 – 2 if for example:</b>

<ul style="list-style-type: none"> <li>• Your home is in a poor state of repair, is overcrowded or temporary</li> <li>• You have prosecution /eviction notice proceedings against you and / or you have rent arrears which is putting your family at risk of eviction</li> <li>• Serious debts / poverty is impacting on your ability to care for your child</li> <li>• You need help with budgeting skills and / or are spending money inappropriately and failing to prioritise the needs of your child</li> <li>• You are reliant on food banks and other charitable donations to survive</li> <li>• Your family finances are further impacted as a result of high interest loans and repayments</li> </ul>	<ul style="list-style-type: none"> <li>• You are homeless and / or live in a hostel</li> <li>• Your property is in a significant state of disrepair and is unfit for occupancy / places your child in danger</li> <li>• You are facing imminent eviction</li> <li>• You and / or your partner have significant barriers to accessing employment – criminal record, poor literacy / numeracy skills, substance use, disabilities, mental health, and / or you have never worked</li> <li>• Poverty / debt is significantly affecting your ability to provide for your child's basic needs</li> <li>• You have no access to public funds and / or others means of support and are not in receipt of benefits</li> </ul>
<b>Presentation:</b>	
<b>Score between 9 and 10 if for example:</b>	<b>Score between 6 – 8 if for example:</b>
<ul style="list-style-type: none"> <li>• Your child is able to care for themselves (age appropriate) in relation to feeding, dressing and independent living</li> <li>• Your child's personal hygiene is good</li> <li>• Their sexual behaviour is appropriate to their age</li> <li>• There has been no change in your child's peer group and your child is engaged in healthy relationships with their peers</li> </ul>	<ul style="list-style-type: none"> <li>• Your child's personal hygiene is poor and is starting to become a problem</li> <li>• There are concerns about your child's sexual health</li> <li>• Your child has an unexplained change in their peer group</li> <li>• Your child is slow to develop age appropriate self-care skills in relation to feeding, dressing and independent living</li> <li>• Your child sometimes places themselves in risky situations</li> <li>• There is some evidence of your child taking drugs / alcohol</li> <li>• There is no evidence of criminal activity</li> <li>• Your concerns for your child relate to 'normal' teenage behaviour</li> </ul>
<b>Score between 3 – 5 if for example:</b>	<b>Score between 1 – 2 if for example:</b>
<ul style="list-style-type: none"> <li>• Despite support from Early Help Services your child's hygiene is poor</li> <li>• Sexual behaviour is age inappropriate or unusual for child / young person</li> <li>• Your child is using IT inappropriately and has a preoccupation</li> </ul>	<ul style="list-style-type: none"> <li>• Your child's personal hygiene is a problem</li> <li>• They are receiving unexplained gifts / clothing</li> <li>• They are dressing / behaving differently</li> <li>• They are pre-occupied with the internet and/or they are neglecting themselves due to other priorities such as drugs or</li> </ul>

<p>with the internet</p> <ul style="list-style-type: none"><li>• Your child is associating with peers who are at risk of Child Exploitation</li><li>• Your child is truanting / occasionally going missing</li></ul>	<p>alcohol</p> <ul style="list-style-type: none"><li>• Despite support and advice your child is suffering persistent and severe personal hygiene issues</li><li>• Your child's sexual behaviour is potentially harmful to them e.g. sexually active with many partners, being coerced into sexual activity</li><li>• Your child is regularly going missing</li></ul>
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