

Care and Support Planning in Lincolnshire

If you have an assessment which identifies that you need care and support to meet your eligible needs we will develop a care and support plan with you or you can develop your own with support. We will have captured what outcomes you want to achieve in relation to each area of the assessment along with the needs identified in each area. These needs and outcomes form the basis of your care and support plan. The plan will include eligible and ineligible needs. Eligible needs are those which if they are not being met by other means, Adult Care would have to ensure they are met by providing care and support. The plan will show how all of your needs are going to be addressed including where eligible needs are to be met through informal support.

Developing your own care and support plan

People have the most control of their care and support if they choose to develop their own care and support plan. When you know what your identified needs and outcomes are you can develop your plan. The purpose of a care and support plan is for you to be in control of how you meet your needs and outcomes.

You may have an indicative personal budget, which will give you an idea of how much money you need; you can use this alongside any other support that you have to plan how to meet your identified outcomes. Your indicative budget should be used as a guide to help plan how to address your eligible needs which are not being met to in turn achieve the outcomes that you want to achieve.

You can decide what will be in your plan on your own, or with the help of family, friends, or Adult Care. If you do not want to just write a plan some people choose to include pictures, drawings, a film or audio recording, it is up to you to explain what you want in your plan in any way you wish.

What do we mean by outcomes?

Giving you choice and control over a personal budget recognises that you know best how your needs affect your life, impact on your wellbeing and stop you achieving what is important to you. Therefore it is really important that your care and support plan is built around what is important to you and what you want to achieve. These are known as your desired outcomes. An outcome isn't something that you spend your money on but it is what you want to achieve by spending it in the way you plan to. Your outcomes should be linked to your assessed eligible needs and be reasonable. For example, if you have eligible needs related to maintaining your community involvement and what you want to achieve is the opportunity to maintain a presence in your community and keep friends and relationships you have known a long time, support to enable you to keep going to a group or club may help you achieve that outcome.

What a good care and support plan looks like

A care and support plan is about your whole of your life, your own strengths and support, not just about assessed needs or money. You will be encouraged and supported to think creatively about ways to achieve your outcomes. You will be encouraged and supported to be involved as much as possible in developing your plan.

What should be in a care and support plan?

The following must always be incorporated in your final plan:

- the needs that have been identified in your assessment.
- whether, and to what extent your needs meet the eligibility criteria.
- the needs that the authority is going to meet, and how it will do this
- your desired outcomes that require care and support.
- your personal budget.
- information and advice on what can be done to reduce the needs in question, and to prevent or delay the development of needs in the future.

- if you are going to receive the needs to be met via a direct payment and the amount and frequency of the payments.

The care and support plan should also include:

- any needs currently being met by your carer if you have one
- contingencies for fluctuating needs, sudden changes or an emergency.
- an anticipated review date if you would find that helpful.

Your plan must detail your needs, how they are to be met, and how they link to your desired outcomes and to your wellbeing. The outcomes should reflect your wishes, aspirations and what is important to you, if these are reasonable.

Your care and support plan may also include any additional things that you think are relevant and should be presented in a format that makes sense to you.

When your plan has been completed we will always have to record a version of it in our computer system to ensure you can receive your personal budget. We will give a copy of this plan to you in a format that is accessible to you and any carer, advocate or other person that you ask us to.

Combined care and support plans

If you have a carer with care and support needs or live with someone else who has care and support needs you may wish to consider a combined support plan that meets both of your needs. Not everyone will want to have a combined care and support plan and it will not be suitable for everyone.

Agreeing your care and support plan

The care and support plan should be signed off when you, your representative and Adult Care have agreed on the content of the plan, the personal budget amount and how the needs in question will be met. The agreement should be recorded within the plan.

Reviewing your care and support plan

Your care and support plan should be reviewed a minimum of every 12 months, however you can ask for a review any time if your circumstances change. A review may happen face to face or over the phone. The review will be person-centred, focusing on you and your life, your outcomes and what is working and not working. Your review should offer the opportunity for you to contribute your views to improve your care and support plan.

What about confidentiality?

We respect your privacy at all times. Any information you give us will be treated as confidential and will only be shared with people involved in your care, with your permission - other than in exceptional circumstances, where the law says we must share it with someone else. To assist you with any care or support you may need, we need to store the information we collate about you on our electronic system.

You can gain further information about this by discussing this with your assessor or by reading the [How we use your information leaflet](#).

Alternative Formats

If you would like to request a copy of our Care and Support Planning in Lincolnshire fact sheet in an alternative language or format please call **01522 782060**

Polish

Informacja ta jest również dostępna w innym języku i formacie. Jeśli masz jakiegokolwiek pytania, prosimy zadzwonić pod numer wyżej

Russian

Эта информация также доступна на другом языке и формате. Если у вас есть какие-либо вопросы, пожалуйста, позвоните по номеру выше

Portuguese

Esta informação está também disponível em outro idioma e formato. Se você tiver alguma dúvida, por favor ligue para o número acima

Latvian

Šī informācija ir pieejama citā valodā un veidā arī. Ja jums ir kādi jautājumi, lūdzu, zvaniet uz numuru, iepriekš

Lithuanian

Ši informacija taip pat buvo pateikta kita kalba ir forma. Jei turite kokių nors klausimų, prašome skambinti numeriu aukščiau

Slovak

Táto informácia je k dispozícii aj v inom jazyku a formáte. Ak máte nejaké otázky, zavolajte prosím na číslo vyššie