# Care and Support in Prison

If you struggle with any aspects of your daily living whilst you are in prison then you may have care and support needs.

Care and support is the term used to describe the help some adults need to live as well as possible with any illness or disability they may have.

It can include help with things like:

- getting out of bed
- washing and dressing
- getting to work
- getting meals and eating
- taking part in your community or prison life
- accessing learning and work opportunities to support you to be independent

It might also include emotional support at a time of difficulty and stress.

From April 2015, Lincolnshire County Council Adult Care has new responsibilities for supporting prisoners.

- We will work with you, the prison, your family and support networks as well as other organisations to promote your wellbeing.
- We will help ensure you get information, advice and support you may need to prevent, reduce or delay the impact of any needs you have so you can live as well as possible.
- We will ensure that any prisoner who appears to have care and support needs has an assessment of their needs.



 Where you have eligible needs we will help ensure those needs are met by the support available to you within prison or if required by providing equipment or care services.

Because being in prison is different to being at home, in prison you may cope differently or even mask difficulties you had before. It could be that things you manage well in prison may be more difficult to manage once you are released.

#### **Needs Assessment**

A needs assessment will help you and the council to understand your strengths, what you can do for yourself, what help and support there is around you as well as where you have difficulties. The assessment also helps us understand what outcomes you want to achieve. The assessment process should be beneficial to you and it is important that you are as fully involved in the assessment as possible.

Adult Care will arrange for you to have an assessment in prison. The assessment may be quite short or detailed depending on your situation. You may want to do your own assessment with the support of other people. In these cases Adult Care will still be responsible for ensuring the assessment is accurate and appropriate for you, and may still need to involve other relevant people to understand your situation.

The assessment will show all the needs we have identified and enable Adult Care to determine which of your needs are eligible for care and support. The assessment will also show the outcomes you want to achieve. We will always ensure you have a copy of your completed assessment, which will include a statement of your eligible needs.

## How do I get an assessment?

Anyone you see whilst you are in prison may be able to ask Adult Care to assess your needs. This may be a prison officer, healthcare worker or a probation worker. You may also be able to ask a family member to make a referral or make a self-referral.

## What happens next?

Once we have assessed your needs we will decide whether you have eligible needs and whether you need care and support services to meet your needs. If you have eligible needs we shall develop a plan saying how those needs and your outcomes will be addressed.

Everyone who receives care and support from the Council receives a personal budget. This is the cost of the services required to meet your needs.

## Charging

If you need care and support services, depending on your financial circumstances, you may have to pay a contribution towards your personal budget. We will do a simple financial assessment to find out if you need to pay a contribution. We use guidance from the Department of Health to work out any charges. Ask your assessor if you need more information about charging.

#### More information

If you would like more detailed information about Adult Care and the eligibility determination you should ask your Adult Care assessor.

## What if I don't agree with the eligibility determination?

If you are not happy with the outcome of the assessment, you can ask us to look at your situation again with you to see what other ways those needs can be met and how they can be prevented from getting worse If you are still not happy, you can ask a Prison Officer to get in touch with us to make a comment, suggestion or complain by:

Using our online feedback form at

www.lincolnshire.gov.uk/feedbackform

Writing to:
Lincolnshire County Council
Corporate Feedback
PO Box841
Lincoln
LN1 IZE.

Telephoning 01522 782060

Or emailing <a href="mailto:feedback@lincolnshire.gov.uk">feedback@lincolnshire.gov.uk</a>

#### **Alternative Formats**

If you would like to request a copy of our Care and Support in Prison fact sheet in an alternative language or format please call **01522 782060** 

### **Polish**

Informacja ta jest również dostępna w innym języku i formacie. Jeśli masz jakiekolwiek pytania, prosimy zadzwonić pod numer wyżej

#### Russian

Эта информация также доступна на другом языке и формате. Если у вас есть какие-либо вопросы, пожалуйста, позвоните по номеру выше

## **Portuguese**

Esta informação está também disponível em outro idioma e formato. Se você tiver alguma dúvida, por favor ligue para o número acima

#### Latvian

Šī informācija ir pieejama citā valodā un veidā arī. Ja jums ir kādi jautājumi, lūdzu, zvaniet uz numuru, iepriekš

#### Lithuanian

Ši informacija taip pat buvo pateikta kita kalba ir forma. Jei turite kokių nors klausimų, prašome skambinti numeriu aukščiau

#### **Slovak**

Táto informácia je k dispozícii aj v inom jazyku a formáte. Ak máte nejaké otázky, zavolajte prosím na číslo vyššie