

- Being healthy- physical & emotional/mental health & knowing where to get help/support
- Being responsible for own health needs & making good lifestyle choices
- Supported with identity as a care experienced person- to be happy, confident & comfortable with self
- Having healthy personal adult relationships with others & a network of support available
- Being supported to have positive relationships & friendships into adulthood
- Being supported to develop practical independent living & life skills- preparing meals & cleaning a home etc

GOOD HEALTH & WELLBEING

SECURING AN INCOME & BEING MONEY WISE

- Developing financial independence into adulthood
- Ability to manage money- budgeting, saving, banking & paying bills.
- Confidence in managing a budget- knowing financial out goings, shopping on a budget
- Accessing financial rights & entitlements from Leaving Care
- Exploring additional income from part-time employment or bursaries
- Knowing where to get financial support & advice

EDUCATION/TRAINING/EMPLOYMENT OR PURPOSEFUL ACTIVITIES

- Being supported with aspirations – future career goals & path to achieving is clear
- Having basic documents- NI number, bank accounts, proof of ID etc
- Support to write a CV, keep it up to date & know where & how to look for/seek employment
- Being prepared for interviews for higher education or jobs
- Having knowledge of employee rights & responsibilities
- Knowing where to get support & advice

SAFE, SUITABLE AND PERMANENT HOME POST 18

- Knowing what will happen with where reside as a young adult
- Feeling happy & Safe at home
- Supported to understand legal & social rights & responsibilities as a tenant
- Having a stable & permanent suitable home
- Having aspiration for own home & support to achieve this
- Being able to maintain living arrangement long-term in adulthood

MY NEEDS AND PATHWAYS

