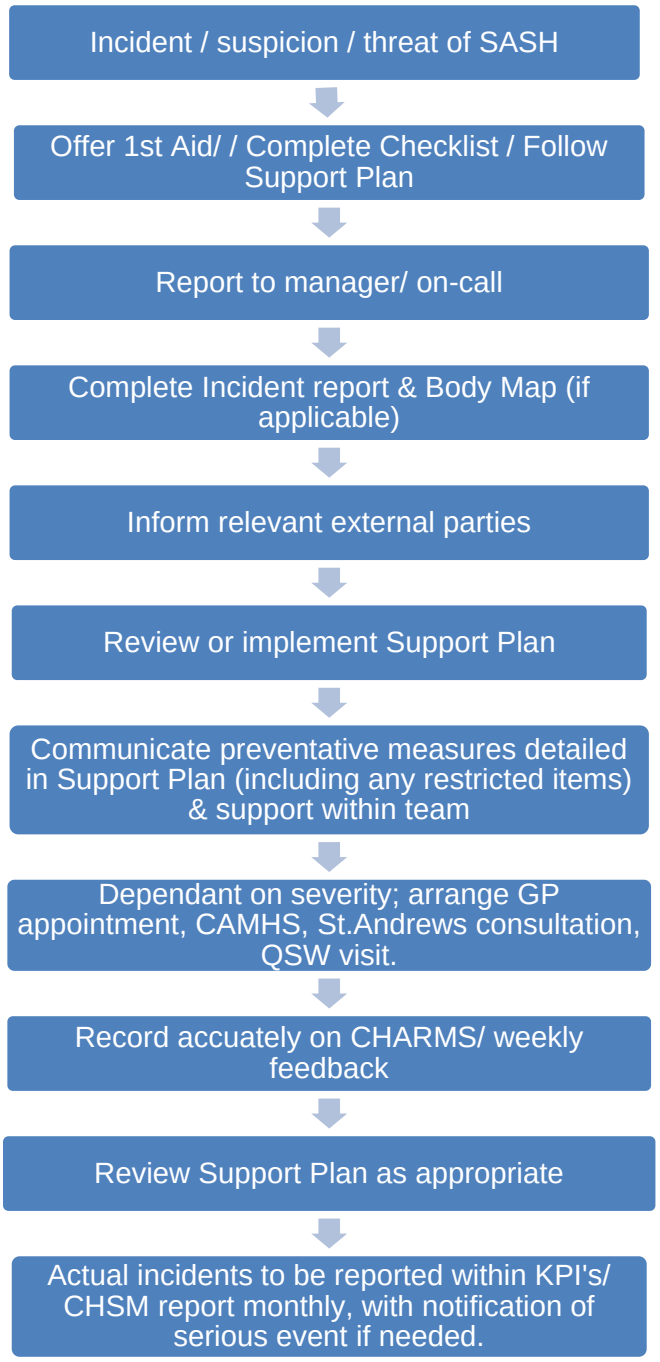Appendix 1: Suicide and Self-Harm Management Flow Chart