Appendix 6 : SUICIDE AND SELF HARM (SASH) CHECKLIST ASSESSMENT

**Young Person: DOB: Home:**

**Plan completed by: Date:**

Initial assessment to include scoring if YP notes indicate a history of self-harm.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Scoring Criteria | | Total score |  | Tick |
| 0 | None | 0 – 11 | Concern recorded – 48 hour close monitoring , review at 72 hour placement planning meeting |  |
| 1 | Mild | 12 – 15 | Specific individual risk assessment relating to items allowed in bedroom / supervision required |  |
| 2 | Moderate (superficial scratching) | 16 – 20 | Follow guidance on Flow Chart.  Offer first aid. GP referral,  Complete Support Plan |  |
| 3 | Severe  (serious harm) | 21 + | Follow guidance on Flow Chart  Call 999 / paramedics or refer to A&E  Constant observation required |  |

Section 1 – Predisposing Factors – Vulnerability

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Consider | Y / N | Describe behaviour | Score 0 - 3 |
| Takes unneccessary risks | *Any action that puts YP at risk of harm (eg drug taking)* |  |  |  |
| Any suicides or attempts within the family | *Carers, family, close friends* |  |  |  |
| Previous self-harm | *Has the YP ever deliberately tried to hurt themselves – cutting, head, banging, biting* |  |  |  |
| Previous suicide attempt | *Eg overdose, hanging, jumping from building etc* |  |  |  |
|  | | | Score |  |

Section 2 – Individual Risk Factors

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Consider | Y / N | Describe behaviour | Score 0 - 3 |
| Stressed at being away from home | *Homesick, missing family, siblings etc* |  |  |  |
| Finds Care decision hard to handle | *Not expecting to be placed in care* |  |  |  |
| Victimised / bullied in the past | *YP’s point of view* |  |  |  |
| Has significant attachment issues | *Care history, family breakdown, poor level of support* |  |  |  |
| Worried about being in the Home | *Concerned about other YP* |  |  |  |
| History of self isolation | *Isolation that is documented* |  |  |  |
| General lack of engagement with professionals | *Has not engaged with education or other professionals* |  |  |  |
| Finds no access to nicotine, alcohol, drugs difficult | *Previous dependency on substances and showing signs of craving* |  |  |  |
| Difficulty in managing emotions | *Has shown poor temper control, over reaction to events* |  |  |  |
| Recent loss / separation / bereavement | *Recent events* |  |  |  |
|  | | | Score |  |

Section 3 – Situational Triggers

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Consider | Y / N | Describe behaviour | Score 0 – 3 |
| Received bad news | *Family breakdown, bereavement, failed exams etc* |  |  |  |
| Has made threats to harm themselves | *Has YP indicated they will hurt themselves* |  |  |  |
| A specific event has occurred | *YP has attempted suicide or has self harmed. Or specific event such as fighting, argument* |  |  |  |
|  | | | Score |  |

**Section 4 – Protective Factors**

***n.b. Please check how supported they feel before scoring the following areas***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | *Please Consider if* | *Y or N* | *Describe behaviour / state origin of evidence i.e. Parent, staff, other professional, peers* | 0-3 |
| Support by staff accessed by YP | *Talking to staff prevents them from self-harming* |  |  |  |
| Contact with family supportive, helpful and positive | *Visits appear to have a positive effect on YP* |  |  |  |
| Happy with future plans |  |  |  |  |
| Help with problems accessed by YP | *YP is able to access, understand and benefit from help offered.* |  |  |  |
| Specialist help accessed by YP | *Helps to reduce risk of suicide and Self-harm* |  |  |  |
| Peer support access by YP | *Peer relationships prevents YP harming themselves* |  |  |  |
|  |  |  |  |  |

**Totals**

|  |  |
| --- | --- |
| Section 1 |  |
| Section 2 |  |
| Section 3 |  |
| Section 4 |  |
| **Total** Total (1+2+3-4) = |  |

Additional Notes

|  |
| --- |
|  |