**Bereavement Support Services**

**London Bereavement Network**Provides information and support to members of the public who are bereaved and the professionals who support them.

020 7700 8134

356 Holloway Road, N7 6P

**Cruse Bereavement Care**  
Helpline: 0844 477 9400 Mon-Fri 0930-1700  
[helpline@cruse.org.uk](mailto:helpline@crusebereavementcare.org.uk)Young Person's helpline: 0808 808 1677  
[www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk/)  
Provides one-to-one and other support to the bereaved organised through local branches - find your local branch number on the website. Information about bereavement and other issues on helpline and excellent bookshop on the website. **The Loss Foundation**

0300 200 4112

<http://thelossfoundation.org/support-groups/>

The Loss Foundation is a registered charity providing support to people who have lost loved ones to cancer; spouses, family members, friends. Our charity offers in-person support in London and Oxford in the form of bereavement support groups and other supportive social events. We also provide an array of bereavement information on our website to support those that fall out of our support group catchment area.

**SupportLine**

Telephone Helpline:

01708 765200

email: [info@supportline.org.uk](mailto:info@supportline.org.uk)

Provides emotional support and details of agencies, support groups, helplines and counsellors throughout the UK.

**The Bereavement Register:**

020 7089 6403 or 0800 082 1230 (24 hour automated registration service)

[www.the-bereavement-register.org.uk](http://www.the-bereavement-register.org.uk)

Service specifically designed to remove from databases and mailing files, the names and addresses of people who have died.

**Bereavement Trust Helpline:**

0800 435 455 6pm-10pm every evening

[www.bereavement-trust.org.uk](http://www.bereavement-trust.org.uk)

Support for anyone who has been bereaved.

**Miscarriage Association**01924 200799  
[www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk/)  
Originally founded by people who had experienced miscarriage it continues to provide support and encourage good care by professionals.

**Stillbirth and Neonatal Death Society (SANDS)**020 7436 5881  
[helpline@uk-sands.org](mailto:helpline@uk-sands.org)

[www.uk-sands.org](http://www.uk-sands.org/)   
Welcomes calls from anyone affected by a stillbirth or a baby, family, friends or professionals including long after the event.  
  
**Child Bereavement UK**01494 568900   
[www.childbereavement.org.uk](http://www.childbereavement.org.uk/)  
A charity that has a dual focus of training professionals who work with families and children affected by a death which also produces excellent resources that can be used by those who are bereaved. This includes families and professionals supporting children affected by the death of an adult or anyone affected by the death of a child.  
  
**Child Death Helpline**0800 282986  
Mon-Fri 1000-1300, Weds only 1300-1600  
Every day 1900-2200  
[www.childdeathhelpline.org](http://www.childdeathhelpline.org/)  
Helpline support for anyone affected by the death of a child, irrespective of the age of the child, the relationship or the length of time since the death. Provided by Great Ormond Street and Royal Liverpool Children's Hospitals.  
  
**Winston's Wish**Helpline: 08452 03 04 05  
[www.winstonswish.org.uk](http://www.winstonswish.org.uk/)  
Gives support for those caring for children affected by the death of a parent or a sibling and to the children themselves.   
  
**TCF (formerly The Compassionate Friends)**0845 123 2304   
every day of the year 1000-1600 and 1830-2230  
[www.tcf.org.uk/](http://www.tcf.org.uk/)  
Support by telephone, befriending and local groups for anyone affected by the death of a child. Please note that this charity supports people irrespective of the age of the child at the time of death i.e. the child may have reached adulthood.  
  
**Childhood Bereavement Network**020 7843 6309  
[childhoodbereavementnetwork.org.uk](http://childhoodbereavementnetwork.org.uk/)   
Although this organisation is mainly a professional network their website has a good search facility on its front page to allow you to find support services for children in your local area.

**London Friend LGBT Bereavement Helpline**T0207 7837 3337 Tues 1930-2130  
[www.londonfriend.org.uk](http://www.londonfriend.org.uk/)  
Support for gay, lesbian, bisexual and transgender people expecting or experiencing bereavement and also for their families and friends.  
  
**Macmillan Cancer Support**  
0808 808 0000 Mon- Fri 0900-2100   
[www.macmillan.org.uk](http://www.macmillan.org.uk/)  
Information and support for anyone affected by cancer whether they have been diagnosed themselves or are a family member, carer or friend.  
  
**Way Foundation (Widowed and Young)**   
0300 012 4929

[www.wayfoundation.org.uk](http://www.wayfoundation.org.uk/)  
Provides a self help network across the UK to those who are bereaved through losing their partner/spouse when aged 50 or under, together with their children.  
  
**Way Up**  
[info@way-up.co.uk](mailto:info@way-up.co.uk)  
[www.way-up.co.uk](http://www.way-up.co.uk/)  
The organisation that has grown out of WAY for people in their 50's and 60's

**Survivors of Bereavement by Suicide**0844 561 6855 Lines are open 0900-2100 every day  
[www.uk-sobs.org.uk](http://www.uk-sobs.org.uk/)  
A self help organisation which exists to meet the needs of those bereaved by the suicide of a family member or anyone close to them.

**British Association of Counselling & Psychotherapy**  
Professional association and accrediting body for counsellors.   
[www.bacp.co.uk](http://www.bacp.co.uk/) includes a 'Find a Counsellor' section  
01455 883300, Mon - Fri 0845-1700