Relationships Matter Screening Tool

This must be completed with each adult on their own in a safe environment.Please read the guidance sheet to help you complete the form. Please send this to [laura-jayne.morris@durham.gov.uk](mailto:laura-jayne.morris@durham.gov.uk) once completed.

This tool is to assess **relationship quality**. It does NOT replace the DASH.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Date: |  | Name: | | | Name of practitioner: | |
|  | Who would you like a healthier relationship with? | | | | Are you living: | |
|  | Ex-partner | | Partner | Family member | Together | Apart |

1. Below are statements that may or may not relate to your relationship, please focus on **THE LAST 4 WEEKS**
2. For each question, select one of the statements that relates to you and your child's other parent/child’s co-carer.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **A = Always S= Sometimes N/O= Not often N = Never N/A = Does not relate to us** | | | | | | |
|  | **Statement** | **A** | **S** | **N/O** | **N** | **N/A** | **Comments** |
| 1 | Do you both take time to listen to what each other says |  |  |  |  |  |  |
| 2 | Do you listen to each other's points of view |  |  |  |  |  |  |
| 3 | Are you affectionate with each other |  |  |  |  |  |  |
| 4 | Your children hear you saying and  doing nice things to each other |  |  |  |  |  |  |
| 5 | You are happy with how roles and responsibilities are shared. |  |  |  |  |  |  |
| 6 | You make family decisions together |  |  |  |  |  |  |
| 7 | You spend time together without children |  |  |  |  |  |  |
| 8 | You feel able to be yourself |  |  |  |  |  |  |
| 9 | You talk to your partner/copartner when something is bothering you. |  |  |  |  |  |  |
| 10 | You agree on how to bring up your children |  |  |  |  |  |  |
|  | Statement | A | S | NO | N | N/A | Comments |
| 11 | Children see you making up after an argument and know things will be okay |  |  |  |  |  |  |
| 12 | You both accept responsibility for mistakes |  |  |  |  |  |  |
| 13 | Children know they don’t have to take sides |  |  |  |  |  |  |
| 14 | You have equal money to spend  after bills, each month |  |  |  |  |  |  |
| 15 | You do nice things for each other  and offer emotional support |  |  |  |  |  |  |
| 16 | You have an intimate relationship that is respectful to each other |  |  |  |  |  |  |
| 17 | You both support each other to achieve work, education goals |  |  |  |  |  |  |
| 18 | You can both stay calm in an argument |  |  |  |  |  |  |
| 19 | I feel safe in this relationship (if not - complete DASH) |  |  |  |  |  |  |

**Additional Questions:**

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| 1. **Have you ever felt scared, controlled or intimidated in this relationship?** (If yes, when was the last time this happened? What happened? Why did it happen? Was the other person ever violent towards you or hurt you in any way? How often did this happen?) |
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| 1. **Have there ever been any Court Orders in place, or police call outs, about you and your co-parent or anyone that you have current contact with? Please, provide the dates for the above.**   (e.g. injunctions/non-molestation orders/harassment orders. When? What are the details around this? What was the outcome?) |
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| 1. **Do you have any services involved at the moment?** (Harbour, one point, social services etc) |
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| --- | --- | --- |
|  | Spend time reflecting |  |
|  | Explanation | What to do next |
| Always | Sounds like you're getting along | Enjoy and look out for any bumps in the road |
| Sometimes | You are doing well but listening to others may help | Get support from Relationships Matter |
| Not Often | Relationship is difficult and stressful a lot of the time | Get support RM/DA |
| Never | If sections are Red, discuss domestic abuse pathway. | Consider Completing DASH and/or Get support from Harbour |

Other Comments:

Adult/Parent Must Sign to confirm this is a true reflection on their current relationship:

Signature: \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Once completed:**

* **For Relationships Matter support, complete a Family Hub Referral form:**
* **Send this screening tool and email to laura-jayne.morris@durham.gov.uk**
* **Staff, please speak to your manager, Laura-Jayne Morris if you are unsure if RM or DA support is needed.**