

Appendix 3 Keeping Babies Safe; Review of Caregiver Awareness Tool

Keeping Babies Safe; Review of Caregiver Awareness Tool

(For use by professional, when working with caregivers with additional needs)

1. Safe Sleeping Awareness

Advice	Aware without prompting	Awareness only when prompted	Not aware	Record verbatim caregiver's understanding of reason for this advice
Give baby a clear, flat, separate sleep space, in the same room as you, such as a cot or Moses basket. Never fall asleep with baby on a sofa or chair.				
Always protect your baby from cigarette smoke during pregnancy and after birth. If you or your partner smokes, never share a bed with your baby. This can increase the risk of death for your baby.				
Never fall asleep with baby after drinking alcohol or taking drugs, including medications that may make you drowsy.				
Always put baby to sleep on their back with feet to the foot of the cot or Moses basket, if used.				
Keep baby's head and face uncovered and make sure they don't get too hot. The room they sleep in should be between 16-20°C.				
Breastfeed your baby. If you need help with breastfeeding talk to a health professional or contact your local family hub.				

2. What are caregivers' plans for controlling cigarette exposure?

Mother

Father

Other caregivers or visitors to the house

3. What plans do caregivers have for overcoming any problems they have with following the safer sleeping advice?

4. What will caregivers do if baby doesn't settle at night when they are implementing the safer sleeping advice?

5. Recognising illness

	Response from caregiver, update using words/language	Checklist
How would parent/carer know if their baby was unwell?		<ul style="list-style-type: none"> • Off feeds • Sleepy • Persistent vomiting • Change in bowel habits • Crying more than usual • Screaming • Fewer wet nappies
What would parents/caregivers do if their baby became unwell?		<ul style="list-style-type: none"> • Speak to a health professional • Call 111 • Seek medical advice • Call doctor • Take to emergency department

Analysis What risk factors have been identified with this review?

Action Plan What is your action plan and what are the timescales?

Completed by:	Designation:	Date:
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