



The Caldecott Foundation
Helping children build a future

Relational **model of care**

Therapeutic Approaches that Inform Practice

Individual Needs Led Assessment
Psychodynamic Theory
Attachment Theory
Mentalisation
Secure Base Theory
Cognitive Behavioural Therapy
Neuroscience
Child Development
Social Learning Theory

A Learning & Development Culture

Therapeutic Practice Workshops
Promotion of Reflective Practice and Mentoring
Training, Education and Induction
Recognition of Progress & Succession Planning
Supervision and Performance Management
Commitment to Policies and Protocols
Sharing Outstanding Practice

A Relational Approach:

Our Secure
Base

The Team Around the Child

Embedding the Voice of the Child
Effective Multi-Disciplinary Working
Holding the Child in Mind
Working in a Caring Relationship
Key Worker
Knowing the Child's History and Impact on their Behaviour
Advocating for the Young People as well as Empowering them

Outcomes for the Young Person

Positive Engagement in Education
Increased Self-Esteem
Improved Resilience
Celebrating Success
Develop Areas of Strength and Interest
Establish Values that Promote Self-Worth & Identity
Develop Positive Relationships from which they can Grow

To Enable Young People to Build a Future through Reparative, Nurturing and Trusting Relationships