**Children and Young People Mental Health Section 117 Aftercare Plan**

**Young Person’s Name:**

**Date of Birth:   
Hospital / Community Location:**

This assessment applies to young people who are detained or have been detained under the following Sections, 3, 37, 45a, 47 or 48 of the Mental Health Act 1983, this includes young people who are given a leave of absence under Section 17 (excluding those detained under section 45a). Those who are subject to Guardianship and previously detained under Section 3 or 37.

**Definition of Section 117 Aftercare**

Aftercare services are those which have both of the following purposes: meeting a need arising from or related to the young person’s mental disorder; and reducing the risk of a deterioration in the young person’s mental health and, subsequently seeking to reduce the risk of the person requiring admission to hospital in the future for treatment.

Aftercare can encompass healthcare, social care and employment services, supported accommodation and services to meet the young person’s wider social, cultural and spiritual needs. Aftercare should aim to support young people to enhance or regain their skills or learn new skills in order to cope with life outside of hospital. Section 117 is the responsibility of all key agencies.

**Administration**

The planning of aftercare should commence at the start of a young person’s admission to hospital as a multi-agency approach to identify appropriate aftercare services for people in a timely approach in readiness for discharge.

Planning Section 117 aftercare meeting should take place within 5 working days of admission for assessment and planning purposes and should include all relevant parties who are or will be actively involved in the young person’s care. Consideration should be given to an Independent Mental Health Advocate (IMHA) or an Independent Mental Capacity Advocate (IMCA) should there be any concerns about the young person’s capacity to make decisions about their care and accommodation. Where possible and with consent the young person’s family members and carers should be invited to contribute towards the assessment.

**Mental Health Condition and Presentation**

|  |  |
| --- | --- |
| Mental Health Diagnosis | Presentation |
|  |  |
|  |  |
|  |  |

**Assessment**

The assessment should be person centred and completed in collaboration with the multi-disciplinary team with consideration towards what the young person requires in relation to their health conditions, aimed to support them to get better, stay well and avoid a re-admission to hospital. It is important that the below areas are considered in detail to ensure that the aftercare plan reflects the young person’s needs holistically.

**Young Person and Parent/Carer Views**

|  |  |
| --- | --- |
| Support Needs Identified by Young Person | Support Needs Identified by Parent/Carer |
|  |  |

**Treatment** (Medication, therapies)

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Physical Health Needs**

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Accommodation** (section 20, supported living)

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Neurodevelopmental specific needs**

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Structured daytime activities, employment and/or training**

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Social needs** (managing finances, budgeting, drug and alcohol support)

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Identified risk or safety concerns** (criminality, exploitation, risk to self**)**

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Parenting or carer needs**

|  |  |  |
| --- | --- | --- |
| Identified need, along with rational | How can this need be met, ie what is intervention, and what agency/team? | Is this need adequately met by commissioned services? |
|  |  | * Yes * No   If not, add details to the action plan |
|  |  |  |

**Action plan**

|  |  |  |  |
| --- | --- | --- | --- |
| Unmet need | Rational as to why this is unmet | How does this prevent re-admission? | Proforma required? |
|  |  |  | * Yes * No |
|  |  |  | * Yes * No |
|  |  |  | * Yes * No |

**Attendees:**

|  |  |  |
| --- | --- | --- |
| Name | Agency | Attended |
|  |  | * Yes * No |
|  |  | * Yes * No |
|  |  | * Yes * No |

**Review of Section 117 Aftercare Provision**

Aftercare provisions should be in place as long as there is an identified need to be met and must remain in place until such time that both the young person, ICB and Local Authority are satisfied that the young person no longer has needs which require aftercare services. \**Please note that Section 117 aftercare services cannot be withdrawn without a re-assessment of the young person’s needs.*

In collaboration with the young person, health and social care should complete a review of Section 117 Aftercare should take place within 3 months and then annually as a minimum, or sooner if the young person’s circumstances or needs change.

|  |  |
| --- | --- |
| **Date of Section 117 Aftercare Review** | **Assessment to be facilitated by** (responsible person) |
|  |  |

|  |
| --- |
| **Copy of plan to be shared with (tick)** |
| **Date of initial completion of assessment** |  |  |
| **Setting (eg MS Teams/location)** |  |  |
| **Young person, family member / advocate involved in review? List names** |  |  |
| **Assessment completed by – list names and agencies involved** |  |  |
| **Apologies** |  |  |