

Support Pathway for Parents Under 20

November 2024



AT BOOKING WITH MIDWIFE:

Midwife completes 'Under-20 Referral Form' (see Appendix 1)
Midwifery Service sends referral via secure email to:
 1. **Health Visiting Service:**
ccs.bedsandlutonchildrenshealthhub@nhs.net
 2. **Integrated Front Door:**
AccessReferral@centralbedfordshire.gov.uk

On receipt of the Under-20 referral, information will be triaged by the

Integrated Front Door

The appropriate level of support will be provided based on assessed need

Those requiring universal/level 1 support will be contacted by their **Children's Centre**

Where need meets level 2 or 3 a referral will be generated, and contact made via the **Integrated Front Door** to offer support

A **Community Early Help Assessment (EHA)** will be **completed by the relevant professional** for any case that requires Community Early Help services or support

PROCESS FOR CHILD WHO IS LOOKED AFTER

Child who is looked after after identified at booking

Midwife to notify Social Worker and ensure a referral is sent to the health visiting team
 Standard pathway then followed

Child who is looked after, placed in area and not booked in with a local midwife

Social worker to arrange booking appointment at L&D or Bedford Hospital

AT 24 WEEKS:

Midwifery Service completes electronic transfer of patient information to **Health Visiting Service*** incl. complex information

*Health Visiting Service should already be aware having received the 'Under-20 Referral Form' at booking from Midwifery Service

AT 28 WEEKS:

Antenatal Home Visit completed by **Health Visitor** and **Specialist Support Offer** made

*Contact may already have been made by Health Visitor

AT DISCHARGE FROM MIDWIFE:

Midwife completes [iCaSH referral form](#) (for postnatal clients) and sends via secure email to: ccs.icashbedfordshirereferrals@nhs.net

Midwife can refer to iCASH at any point, particularly if the young person is under 16 and/or is vulnerable

Health Visitor will confirm Midwife's referral to iCASH when taking over care of young person from Midwife

iCaSH staff will contact the young person within 7 days of receiving the referral

If a pregnant young person who is looked after is placed out of area, the Social Worker should contact the relevant LA to identify support for young parents

Safeguarding

Identification of safeguarding concerns should initiate an immediate referral

Information on how to refer can be found [HERE](#)

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Midwifery Support

The majority of Under-20 booking referrals are received from Luton and Dunstable Hospital and Bedford Hospital. A minority of referrals are also received from midwifery teams at Milton Keynes General Hospital, Lister Hospital, and the Rosie Hospital.

Upon booking in with a midwife, the midwife will complete a referral form with the young person and discuss and collect a wide range of information regarding both parents, wider family, and support networks. On this form they consent to being contacted by the relevant organisations.

Young people can self-refer to midwifery services via:

[Early Self-Referral to Maternity Services - Bedfordshire Hospitals NHS Trust](#)

Late bookers should be referred as soon as possible and will follow the pathway for appropriate support.

Luton and Dunstable - Teenage Pregnancy Midwifery Team

For all queries the Teenage Pregnancy Midwifery Team (Liberty Team) can be contacted on: **Tel. 07817 824869**

Bedford Hospital

For queries about self-referrals/scans the Midwifery Team can be contacted on: **01234 795935**.

To contact the Community Admin Team about a booking appointment call: **07767 441563**.

Community Early Help Assessments (EHA)

A Community EHA will be **completed by the relevant professional** for any case that requires Community Early Help services or support. EHA forms can be found at: <http://www.centralbedfordshire.gov.uk/school/professionals/information-practitioners/eha-forms.aspx>.

Completed EHA forms should be sent by secure email to the Early Help Service: earlyhelp@centralbedfordshire.gov.uk

Safeguarding

For information, advice and policies for professionals working with children in Central Bedfordshire visit:

Contact: <https://safeguardingbedfordshire.org.uk/>

- **Central Bedfordshire Integrated Front Door: 0300 300 8585** during office hours which are:
08.45am to 5.20pm: Monday - Thursday
08.45am to 4.20pm: Friday
- **Social Care Emergency Duty Team: 0300 300 8123** (outside office hours)

Children's Centres

The Children's Centres provide a range of support throughout pregnancy, preparing for baby's arrival and support following the birth and looking after a new baby including:

- Parents as First Teachers (PaFT) programme
- Birth, Bump & Baby antenatal programme
- Baby Days and Baby Days Next Step programme
- Healthy Relationships workshops
- Feeding Support
- Accessing universal services such as Baby and Me, Dads groups and more

The 0-19 Health Visiting Service

Midwifery Services send all pregnant women's details electronically to the 0-19 Health Visiting Team at 24 weeks. Where there is a concern, details are shared earlier via **information sharing in line with the safeguarding pathway**. All young parents known to the 0-19 Health Visiting Service will have an Antenatal Review at 28-32 weeks of pregnancy and will be offered specialist support based on identified need. Specialist support, based on the Family Partnership Model, proactively uses family strengths and expertise combined with needs-based support to achieve set goals. The complete schedule of support is from 28 weeks of pregnancy to when the child reaches 4 years.

Contact: 0-19 Service Health Hub (Bedfordshire Children's Community Health Services): ccs.bedsandlutonchildrenshealthhub@nhs.net

Tel. 0300 555 0606

Referrals to Contraceptive and Sexual Health Services and support

All young women will be supported to access contraception post-birth and this will be discussed in the late antenatal period.

Midwife completes referral to Contraceptive and Sexual Health Services (iCaSH) and sends via secure email to:

ccs.icashbedfordshirereferrals@nhs.net

Contact iCaSH: ccs.icashbedfordshirereferrals@nhs.net **Tel: 0300 300 3030 (Option4)** www.icash.nhs.uk

For further information on any aspect of the pathway contact:

Public Health: sarah.lawrence2@centralbedfordshire.gov.uk

barbara.rooney@centralbedfordshire.gov.uk



Appendix 1

Double click on the referral form to open

To be sent within 5 working days

2021



Bedford Borough, Central Bedfordshire & Luton Teenage Pregnancy Referral Form



Todays Date :		Ethnicity	Mother	Father
Name		White		
Address		Black Caribbean		
		Black African		
		Asian		
		Chinese		
Postcode		Mixed		
Home no.		Other pls state		
Mobile		EAL pls state		
Midwife & contact no.				
DOB		Information Provided	X if provided	
Age at Booking		TP support pathway		
Gestation at booking		ICaSH outreach		
Conception month				
EDD				
Previous pregnancy				
Outcome?				
GP Practice				
EET info (Education, Employment training) Provide details				
Is father in EET? Provide details				
Support Network;		Father;		
Lives with partner		In care (LAC)		Name
				Age
Lives with parents		Previously in care		In a relationship?
				Length of relationship
Lives on own		Hostel support		
Social care involved.		Y/N	Referral to social services?	Y/N
EHA initiated		Y/N	Date (if applicable)	
Pregnancy intended		Y/N	Additional info; Sexual Health / Relationship concerns & other concerns or info	
Contraception used		Y/N		
Domestic Abuse identified		Y/N		
<i>Health;</i>				
Smoker	Y/N	Drug use	Y/N	
CO reading		Alcohol	Y/N	
BMI		No.of units		
Under GDPR regulations, any information provided will be kept securely and used only for the reason it is provided. This information is kept as long as is necessary to fulfil the purpose of the referral.				
In signing this form I understand consent is given for the form to forwarded to the Early Help Service;				
Mother's signature <i>X if verbal consent given</i>				
Would father like to be contacted?			Y/N	
Father's signature <i>X if verbal consent given</i>				
Father's contact details:				

